

MMA KICKBOXING SHIN GUARDS INSTRUCTION MANUAL

PRODUCT OVERVIEW

Endless MMA Kickboxing Shin Guards provide superior protection for training and sparring. They feature adjustable straps for a secure fit and high-density foam for maximum shock absorption.

SAFETY INSTRUCTIONS

- 1. Prepare Your Shin Guards:** Unfasten all straps and open the shin guards.
- 2. Wear the Shin Guards:** Place the shin guard over your shin, aligning it comfortably. Ensure the foam padding covers the shin bone.
- 3. Secure the Straps:** Wrap each strap around your leg, adjusting them for a snug but comfortable fit.
- 4. Check for Mobility:** Test the fit by moving around to ensure the shin guards are secure but do not restrict movement.

MAINTENANCE TIPS

- **Cleaning:** Wipe with a damp cloth and allow to air dry after each session.
 - **Storage:** Store in a cool, dry place to prevent moisture buildup and odor.
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