SA DSC

# USER MANUAL – CRICKET SHOES

#### **Get the Right Fit**

Ensure your cricket shoes fit properly to prevent blisters and injuries. They should be snug but not too tight.

## **Maintain Optimal Traction**

Regularly inspect your cricket shoes' spikes for wear and damage. Replace any worn-out or broken spikes to ensure optimal traction and prevent slips.

## Wear the Right Socks

Wear moisture-wicking socks to reduce the risk of blisters and keep your feet dry and comfortable during play.

### **Maintain Shoe Longevity**

Clean your cricket shoes after each use to remove dirt and mud. This helps maintain traction and prolong the life of your shoes.