

## ANKLE BAND INSTRUCTION MANUAL

### PRODUCT OVERVIEW

The Endless Ankle Band provides support and compression for weak or injured ankles during sports or daily activities.

### SAFETY INSTRUCTIONS

1. Slide the ankle band over your foot, positioning it around your ankle.
2. Ensure it's snug but not too tight; adjust to desired comfort level.
3. Avoid wearing for extended periods; remove if discomfort or numbness occurs.

### CARE

- Hand wash in cold water.
  - Air dry, away from direct sunlight.
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