

LCD Model (8 Modes 19 Speeds)

- 1 Hour of charging can be used for about 160 minutes. The higher the intensity the higher the power consumption. Cannot be used during charging.
- The host snaps on top of the pad like a button. Then the pad is attached to the skin." + " to switch on/increase strength; "-" to decrease strength/switch off; "M" to switch modes.

What is EMS technology?

Electrical Muscle Stimulation (EMS), also known as neuromuscular electrical stimulation, is the use of electrical impulses to induce multiple muscle contractions; the central nervous system causes the muscles to contract; EMS has been shown to be a positive muscle strengthening tool.

What is the purpose of EMS?

- Muscle strengthening
- Preventing muscle atrophy
- Muscle relaxation
- Relieve soreness
- Relaxation of muscles
- Cosmetic Muscle Conditioning

EMS

—To create a perfect body for you.



What is EMS?

EMS collectively known as microelectricity, mainly strengthens muscles. Relaxation stimulates tense muscles with electronic muscle massagers. It is considered to be an effective clinical non-pharmacological treatment for controlled muscle strengthening and tightening. When used correctly, it has no side effects on the body and is a great way to self-train. This method is scientific and medically backed.

Fault Resolution

Statuses	Possible causes	Approach
Unable to power up	Main unit battery depletion	Please charge the main unit
	Use in low or high temperatures	Use at recommended ambient temperature (15~35)
No current stimulation	Not connected to the power supply	Short press the On/Off key until the LED lights up
Current stimulus too weak	Setting intensity is low	Press "+" to increase intensity
Current stimulation too strong	Setting intensity is high	Press "-" to reduce intensity
Sudden interruption of stimulus	Remaining power of the main unit battery is depleted	Please charge the main unit

⚠ Distress

Do not use this product with the following medical electronic instruments at the same time. Failure to do so may cause an accident or result in malfunctioning of the medical electronic equipment, causing serious damage to the body.

⚠ Warnings

Do not use by the following persons.
Failure to do so may cause accidents or skin or body problems



Women, women just after giving birth, all electronically repulsive products on the patient.

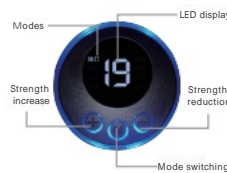
How to use the host

Stimulus intensity is divided into 19 levels (intensity 0 to 19 levels)

The gist

When you use it for the first time, please do not set a lower intensity, please adjust the other intensity after getting used to the low intensity.

While the remaining battery power gradually decreases, the current stimulation will also gradually diminish, so if you continue to use it, please charge the main unit.



(8 Modes)

When switching on the machine and adjusting it to gear 1-19, it will automatically switch off the machine once in 15 minutes normally.

(19 Strength)

If adjusted to 1-19 gear not in use 5 seconds automatically switch to switch 0 gear, switch 0 gear 20 seconds automatic shutdown

Technical parameters

Please set a lower intensity for the first time you use it, and please adjust it after getting used to the lower intensity. There are a total of 8 modes, for more information, please refer to the Messenger Mode Guide below.

Name of product	Muscle stimulator
Voltage	3.7V
Usage	A-F(8 Modes)19 Strength
Frequency	1~100HZ
Working hours	15min
Output Current	Max 35mA
Sizes	62x62x16
Weights	31
Battery capacity	200mAH