



USER MANUAL – CRICKET CHEST GUARD

Care Instructions

- **Align the Guard:** *Position the guard against your chest, ensuring the protective padding covers your chest and abdomen.*
- **Secure the Straps:** *Fasten the shoulder and waist straps, adjusting them for a comfortable and secure fit.*
- **Adjust for Comfort:** *Fine-tune the straps to achieve optimal comfort and support. Ensure the guard fits properly to provide maximum protection.*
- **Regular Inspection:** *Inspect the guard regularly for any signs of wear and tear.*
- **Replace as Needed:** *Replace the guard if it shows significant damage or wear.*