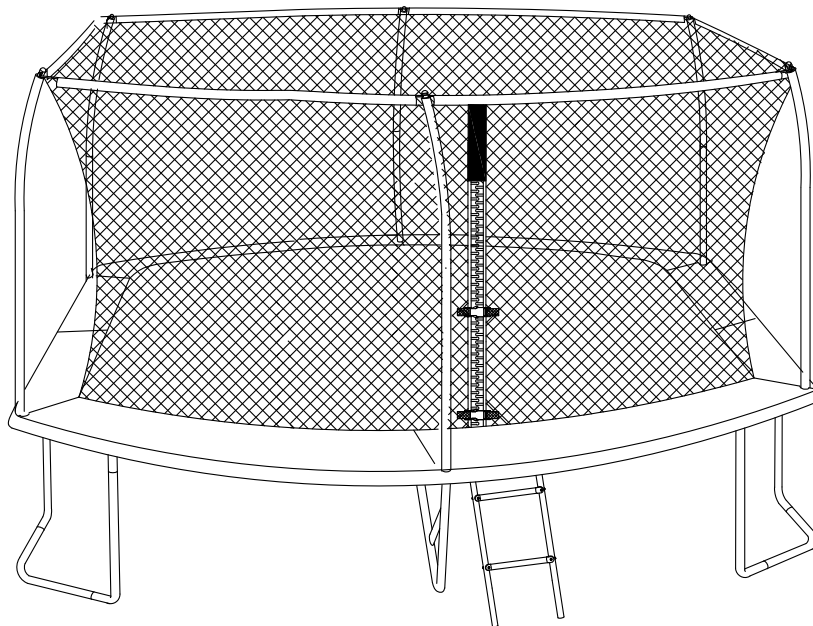




Assembly, Installation, Care, Maintenance and Use Instructions
Zero Gravity Ultima 5 10ft x 7ft Trampoline with Enclosure

USER MANUAL



WARNING

- **YOU MUST THOROUGHLY READ AND UNDERSTAND THE INSTRUCTIONS IN THIS MANUAL BEFORE ASSEMBLING AND USING THIS TRAMPOLINE.**
- **SAVE THIS MANUAL FOR FUTURE REFERENCE.**
- **MAXIMUM WEIGHT OF USER MUST NOT EXCEED 220LB (100KG).**
- **DO NOT ALLOW MORE THAN ONE PERSON ON THE TRAMPOLINE AT A TIME.**
- **DO NOT ALLOW YOUNG CHILDREN TO USE UNLESS SUPERVISED BY AN ADULT.**
- **THE TRAMPOLINE MUST NOT BE USED WITHOUT THE ENCLOSURE ERECTED.**
- **FOR OUTDOOR DOMESTIC USE ONLY.**

Zero Gravity Trampolines
Unit 19 Mayfield Avenue Industrial Park, Fyfield Road, Weyhill,
Hampshire, SP11 8HU, United Kingdom

For Customer Service, please call 01264 771247

or visit

www.ZeroGravityTrampolines.com

! WARNING



No more than one user at a time. Maximum weight 100kg/220lbs.



Do not perform somersaults or flips as paralysis or death can result if you land on your neck or head.



Do not allow children of 3 years or under to use this trampoline.



Do not use this trampoline if you have a previous leg, arm, head or back injury.



Do not use this trampoline without the consent of your doctor if pregnant.



Remove all sharp or hard objects from your person before using this trampoline. This includes jewellery, glasses and hairclips.

Inspect daily before use:

- Inspect legs and framework for correct attachment or cracks
- Inspect netting, pads and mattress for tears or damage
- Inspect for loose or damaged springs
- Ensure legs are vertical

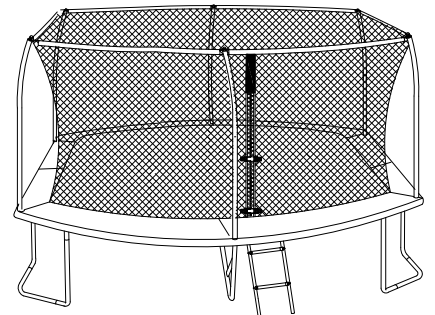


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Introduction

Thank you for purchasing this Zero Gravity Ultima 5 Trampoline. This trampoline was manufactured using the highest quality materials and skills gained over decades of trampoline production. If proper care and maintenance is provided then we're sure that it will provide years of fun and exercise for the whole family.

We cannot state how important it is for the owners and users of this trampoline to have a thorough understanding of the rules for proper use. Children must be supervised at all times by a knowledgeable and mature adult while using the trampoline. When there is to be no adult supervision available then take precautions to prevent access to the trampoline by children or unauthorized users who do not have your consent to use the trampoline.

Carefully read and understand all of the instructions and warnings in this guide before assembling and using this product. It is the responsibility of the owner of this trampoline to ensure that all users of this product are fully informed on the proper use and the inherent risks of jumping on a trampoline, failure to do so can result in serious injury or death. In particular, under no circumstances should you attempt or allow flips, somersaults or any similar behaviour. Landing on the head or neck can cause serious injury, paralysis, or death. Never allow more than one person on the trampoline at any time as this can dramatically increase the risk of injury.

To reduce the risks associated with a user falling off the trampoline, the enclosure netting must be properly installed and used at all times. The trampoline enclosure must be closed during use to prevent the user from falling off the trampoline. Although your trampoline enclosure netting is manufactured with UV resistant material exposure to the elements will weaken the netting over time. Therefore the netting and mattress must be inspected prior to every use and maintained regularly as detailed in this guide.

Location of the trampoline is extremely important in order to reduce the risk of injury. The intended site for the trampoline must be completely flat and level. If the ground is not completely flat then it can cause movement in the frame and put stress on the joint sections which could cause damage to the trampoline and make it unsafe for use with the risk of causing serious injury. The trampoline must only be located on a soft surface such as grass or cushioned play area. Siting the trampoline on a hard or slippery surface such as paving, concrete or decking will cause damage to the trampoline and put users at risk. The trampoline must be clear from overhead hazards such as power cables and tree limbs with at least 8 metres overhead clearance from ground level. Site the trampoline at least 2.5 metres away from any structure or obstacle.

The trampoline must never be used in windy conditions as this can cause unexpected movement of the product. Wind can cause the trampoline to be lifted from the ground and become airborne presenting a danger to individuals and to property. We always recommend that you anchor or secure the trampoline to prevent it from moving as a result of the wind. We highly recommend consulting a local licensed tradesman to best determine how to implement an anchor system for your specific conditions. Even with anchors in place a trampoline can be lifted by strong winds. If high winds are forecast the trampoline should be disassembled and stored away safely until the weather conditions improve. Damage from the wind or other severe weather is not covered by the manufacturer's warranty.

Only genuine Zero Gravity replacement parts sold through an authorized dealer should be used. Replacement parts produced by any other manufacturer may not have met the design and extensive safety testing standards used in the production of this Zero Gravity trampoline. As a result of this Zero Gravity Trampolines will not guarantee the performance and safety of the product when non genuine replacement parts are used. The use of non-genuine Zero Gravity replacement parts may affect any warranty claim on the product, as allowed by the law in your jurisdiction.

**FOR CUSTOMER SERVICE OR REPLACEMENT PARTS, PLEASE CALL +44(0)1264 771247
OR VISIT
www.ZeroGravityTrampolines.com**

Before you start to assemble

- Check the contents of your package against the parts list in this guide. If any parts are missing please contact your supplier or Zero Gravity Trampolines customer service for assistance.
- If any parts are missing or damaged then do not erect or use the trampoline until replacement parts have been received.
- When choosing the location for your trampoline please ensure that the area is completely flat and level. The trampoline should be clear from obstructions overhead, we recommend 8 metres clearance from ground level. Ensure that there is a minimum of 2 metres clearance from any structure or obstruction around the edge of the trampoline. There should be no obstructions underneath the trampoline and it is preferable to select a well-lit area.
- DO NOT install or position this trampoline on a hard surface such as concrete, tarmac, decking, astroturf or paving. Suitable surfaces are grass, sand or a play area covered with an appropriate depth of play bark material.
- Two adults are required to erect the trampoline in accordance with the assembly instructions and to check the trampoline before the first use.
- We recommend wearing heavy duty work gloves and eye protection when assembling the trampoline.
- The trampoline has passed extensive safety testing, do not modify the design of the product in any way nor use non-original Zero Gravity parts.
- The packaging does contain some small parts which are a choking hazard for small children. It is therefore recommended that children under the age of 3 years should be kept away when the trampoline is being assembled.
- Ensure that you keep this instruction manual for reference in the future.

Before using the trampoline

- Use of this trampoline requires constant adult supervision. Use the trampoline only with mature and knowledgeable **ADULT** supervision.
- Ensure that the trampoline enclosure has been assembled correctly, as per the instructions in this manual and that the zipper and buckles located at the entrance are fully closed before use.
- Trampolines over 20 in. (51 cm) tall are not recommended for use by children under 6 years of age.
- There must be no more than one person at a time on the trampoline – collision hazard.
- Maximum weight of the user should NOT exceed 220lbs/100kg for this product.
- This product is for household and family domestic use only – It is not for use in schools, playgrounds, rental or commercial use.
- It is of particular importance to follow the maintenance instructions at the beginning of every season. Neglecting regular maintenance can lead to a risk for users.

Important Safety Instructions



Carefully read these warnings before using this product. Failure to follow these warnings can result in serious injury or death.

DANGER

- The trampoline must not be used without the enclosure erected. The enclosure must be closed whilst the trampoline is in use.
- Only one user at any one time! Multiple users can cause loss of control, collision or falls on the trampoline. This could result in serious injury to legs, arms, back, neck or head.
- Do not use the trampoline when under the influence of alcohol, drugs or medication, which may impair the jumper's judgement.
- Always consult your physician before performing any kind of physical activity.
- Do not use the trampoline if you have high blood pressure.
- Do not use the trampoline if you have a medical history of neck or back injuries or mental or physical conditions that could cause injury.
- Do not use if the user has any broken bones (casts) or has recently been in the hospital for extensive treatments (operations, severe wounds, stitches, back injury or concussion).
- If pregnant do not use without the consent of your physician.
- Do not use the trampoline if the user or the trampoline surface is wet. These conditions can cause the user to lose control and fall resulting in serious injury.
- The product must not be used in windy conditions as wind can cause unexpected movement of the product. Wind can cause the trampoline to be lifted off the ground and become airborne. This can present a danger to individuals and to property. Winds can be especially strong in open areas, areas between homes that create wind tunnels and anywhere else where local weather conditions can create high winds. We recommend that you anchor the trampoline or otherwise secure the trampoline to prevent it from moving as a result of the wind. One possible way to anchor the trampoline is to secure the trampoline to a concrete footing under each leg. We recommend consulting a local licensed contractor to best determine how the anchor system should be constructed for your specific conditions. When anchoring the trampoline straps must always be connected to the top ring of the trampoline, not the feet as legs could be separated from the main frame in strong winds. Even with anchors, a trampoline can be lifted, just like anything else, by strong winds. If the winds are anticipated to be very strong, the trampoline should be disassembled and stored away safely until the weather conditions improve. Damage from the wind or other severe weather is not covered by the manufacturer's warranty. Because the manufacturer warranty does not cover wind or weather related damage and damage can be caused to your property or the property of others by a windblown trampoline, it is strongly advised that you provide site specific anchoring through a licensed local contractor.

- Use trampoline only with mature, knowledgeable adult supervision.
- Do not attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the mat.
- Do not allow more than one person on the trampoline. Use by more than one person at the same time increases the chance of injury.



Carefully read these warnings before using this product. Failure to follow these safety instructions can result in serious injury or death.

WARNING

- Warning: Maximum user weight limit 100kg/220lbs.
- Clearance around the trampoline should be: 2.5 x 2.5 x 8 metres.
- Warning: Not suitable for children under 36 months. Falling hazard.
- Warning: The trampoline must be assembled by an adult in accordance with the assembly instructions and checked before the first use.
- Warning: Only one user. Collision hazard.
- Adult supervision required.
- Warning: Only for domestic use.
- Warning: Only for outdoor use.
- Warning: No somersaults
- Warning: Always shut the enclosure entrance, securing both the zip and buckles, before jumping.
- Warning: Jump without shoes.
- Warning: Do not use the mat when it is wet.
- Warning: Empty pockets and hands before jumping.
- Warning: Always jump in the middle of the mat.
- Warning: Do not eat while jumping.
- Warning: Do not exit by a jump.
- Warning: Limit the time of continuous usage (make regular stops).
- Warning: Do not use in strong wind conditions and secure the trampoline.
- Warning: The trampoline is not intended to be buried into the ground.
- Warning: The net should be replaced every two years.

Proper Play Conditions:

- The trampoline must not be used without the enclosure erected.
- Always use the product in a well-lit area. Do not use without lighting during dawn, dusk or in complete darkness.

- The trampoline must be placed on a surface that is **COMPLETELY FLAT AND LEVEL**. If the ground is uneven, this could cause movement in the frame and could cause stress on the joined sections of the frame that could damage the trampoline and/or can cause serious injury.
- DO NOT install or position this trampoline on a hard surface such as concrete, tarmac, paving or decking. Suitable surfaces are grass, sand or a play area covered with an appropriate depth of play bark material.
- ALWAYS ensure the trampoline is on level ground with a minimum of 8.2ft (2.5 metres) clear space from any structure or obstruction such as fence, garage, house, overhanging branches, laundry lines or electrical wires.
- Adequate overhead clearance is essential. A minimum of 26.25 ft (8 metres) from ground level is recommended. Provide clearance for wires, tree limbs, and other possible hazards.
- Do not use the trampoline indoors, as this product is intended for outdoor home use only.

Appropriate Use Conditions:

- Children must always be supervised while they are playing on the trampoline and must be instructed not to use the trampoline in an inappropriate or hazardous manner. Take precautions to prevent access to the trampoline by children when there is no adult supervision.
- Restrict access to the trampoline by any unauthorized users without your consent.
- Trampolines are rebounding devices, which propel the user to unaccustomed heights, and into a variety of body movements. Rebounding off of the trampoline, striking the frame or springs, or improperly landing on the trampoline mat may cause serious injury.
- Always start and maintain your jump at the centre of the trampoline mat in order to reduce the risk of landing on the frame or springs or falling off the trampoline. When you land more than 1ft away from the edge of the Zero Gravity logo in the centre of the mat stop your jump immediately. Restart your jump at the centre of the mat.
- Avoid bouncing too high. Stay low until you can control your bounce and land consistently in the middle of the trampoline mat.
- Ensure the trampoline frame and springs are fully covered by the frame pad to avoid any direct contact with metal parts.
- Do not stand or jump on the springs while using the trampoline. The springs are not designed to support such stress and weight. This can result in serious injuries and/or product damage. If you see any signs of stretched or damaged springs, do not use the trampoline until replacement springs are properly installed. Please contact our customer service representatives to order original Zero Gravity replacement parts.
- The trampoline is several feet off the ground. Jumping off the trampoline to the ground or any other surface may result in injury. Smaller children may need assistance getting up onto or down from the trampoline. Mounting and dismounting properly should be followed as a strict rule. Users should climb onto the trampoline by placing their hands on the frame and stepping or rolling up onto the frame, across the springs and onto the mat. Do not step directly on the frame pad or grasp the frame pad when mounting or dismounting the trampoline. To dismount, jumpers should walk to the side of the mat, bend over and place their hands on the frame, then step from the mat to the ground. Users should always place their hands on the frame while mounting or dismounting.
- Do NOT use the trampoline as a springboard to jump onto other objects.

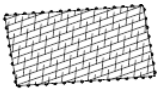
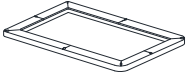







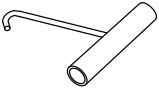




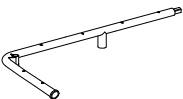
- Remove all objects not designed for use with the trampoline from the trampoline before use. Do not let children take toys or other items onto the trampoline.
- Do not eat while jumping.
- Do not exit by a jump.
- The trampoline should not be buried or sunken into the ground.
- During winter period, the snow load and the very low temperature can damage the trampoline. It is recommended to remove the snow and store the mat and the enclosure indoors.
- Do not jump or step onto the frame pad as it was not designed to support the weight of a person.
- Do not use the trampoline while holding or wearing any type of sharp or pointed objects such as jewellery, watches, rings, eyewear and necklaces before using this product. This will prevent the jewellery from tearing the mat or getting caught in the enclosure netting.
- Empty pockets and hands before jumping.
- Do not wear loose fitting clothing that may catch or snag during play.
- Never wear footwear (e.g. shoes) when using the trampoline.
- Always tie back long hair so that it does not block user's vision or get caught in the enclosure netting.
- FRAME PADS – Frame pads are there to protect user from any fall or landing on the springs and frame. On no account should people be permitted to sit or stand on them when the trampoline is in use. You should also make sure that smaller users do not use the inside edges of the pads as a “handle” when getting up on to the trampoline.
- Never use the trampoline without the frame pad being securely attached. Properly tie down the frame pad before each use. Improper assembly of the frame pad may lead to injury.
- Always check to ensure there are no obstructions or objects under the trampoline that could cause injury or obstruct movement of jump mat. Also check that there are no pets or other people underneath the trampoline.
- Do not jump on the trampoline with a snowboard, skateboard, roller blades, bicycle or any other equipment. DO NOT hold any foreign objects not authorized by the manufacturer in your hand and DO NOT place any objects on the trampoline while anyone is jumping on it. Please be aware of your surroundings to ensure there are no objects that could cause harm when you are playing on the trampoline.
- The frame of your trampoline is made of steel and it will conduct electricity. No electrical equipment (lights, heaters, extension cords, household appliances, etc.) should be permitted in, on or around the trampoline under any circumstances to avoid the risk of electrocution.
- Always jump in the middle of the mat.
- Always check your trampoline before use. Paying specific attention to all the bolts, jump mat and pads position.
- Do not use if any parts are missing or look like they show wear and tear.
- Stop exercising immediately should you feel unwell or if you feel dizzy.
- The safety enclosure is there to prevent the user falling off the trampoline, and is not to be jumped into unnecessarily.
- The trampoline should not be installed over concrete, asphalt, decking or any other hard surface nor at proximity of other conflicting installations. (e.g. paddling pools, swings, slides, climbing frames)

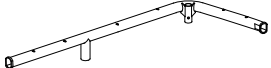
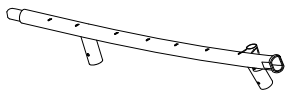
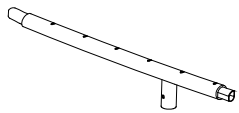


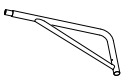


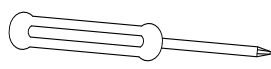





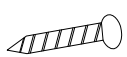


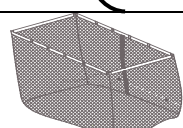
- It is necessary to carry out checks and maintenance of the main parts (frame, suspension system, bed, padding, and enclosure) at regular intervals, pointing out that if these checks are not carried out, the trampoline could become dangerous.
- Check all nuts and bolts for tightness and tighten.
- Check that the springs are intact and cannot come unhooked when jumping.
- Check that the protective pad covers the springs.
- Check the cord used to secure the net. Danger of strangulation.
- Check all coverings for burs and sharp edges and replace when required
- Make sure that the zip and buckles are closed correctly during use of trampoline.



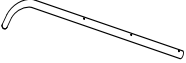










Enclosure Netting and Mat – Appropriate Use Conditions

- Children **MUST NEVER** be left unattended inside the enclosure at any time.
- The enclosure is **ONLY** intended to be used to reduce the risk of injury from falling off the trampoline. Do not intentionally kick, bounce against, climb on, hang from, jump over or crawl under the netting.
- Enter and exit the enclosure only through the zipper door. Do not go through any gaps between the netting and the mat. Trying to exit this way poses a risk of strangulation, especially for young children.
- The enclosure netting and mat must be inspected prior to each use. If there are any signs of weakness, you must stop using the trampoline immediately, properly store the trampoline and restrict access by users until a new Zero Gravity authorized replacement netting or pad is installed. Please refer to the Trampoline Net & Pad – Maintenance Requirements section contained in this manual for further detail.
- The trampoline must not be used without the enclosure erected.

Parts List

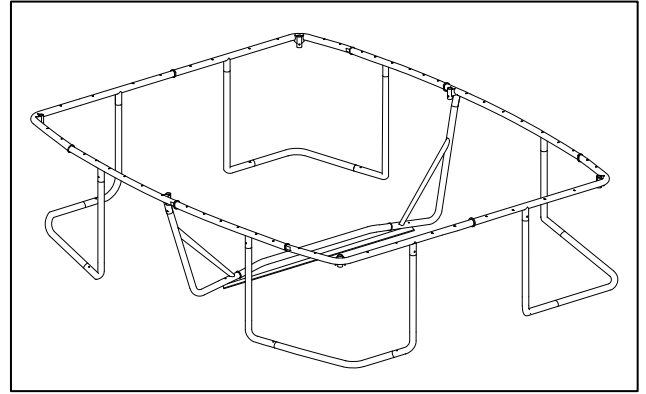
Part Number	Image	Description	Qty
1		Trampoline Mat	1
2		Frame Pad	1
8		Cap Nut	2
9		Large Spring Lock Washer	10
10		Arc Washer	10
11		Self-Locking Screw	16
12		Small Spring Lock Washer	22
13		Spring	52
14		Spanner	2
15		Spring Loading Tool	1
16		Allen Key	1
18		Trampoline Safety Instruction Placard	1
20		Short Bolt	8
21		Long Bolt	2
22		Corner Top Frame Rail(Left)	2

Part Number	Image	Description	Qty
23		Corner Top Frame Rail(Right)	2
24		Curved Top Rail with Two Leg Sockets (Left)	2
25		Curved Top Rail with Leg Socket (Right)	2
31		L- Shaped Leg	8
32		Leg Base	4
33		Support Tube	2
34		Ground Leg Tube	1
36		Metal Band	1
37		Screwdriver	1
A		Upper Frame Tube with Foam	6
B		Lower Frame Tube with Foam	6
C		Cable Wire	6
D		Enclosure Pole Cap	6
E		Enclosure Pole Cap Cover	6
F		Self-Locking Screw	12
H		Cord	6
H1		Short Cord	4
I		Enclosure Netting	1

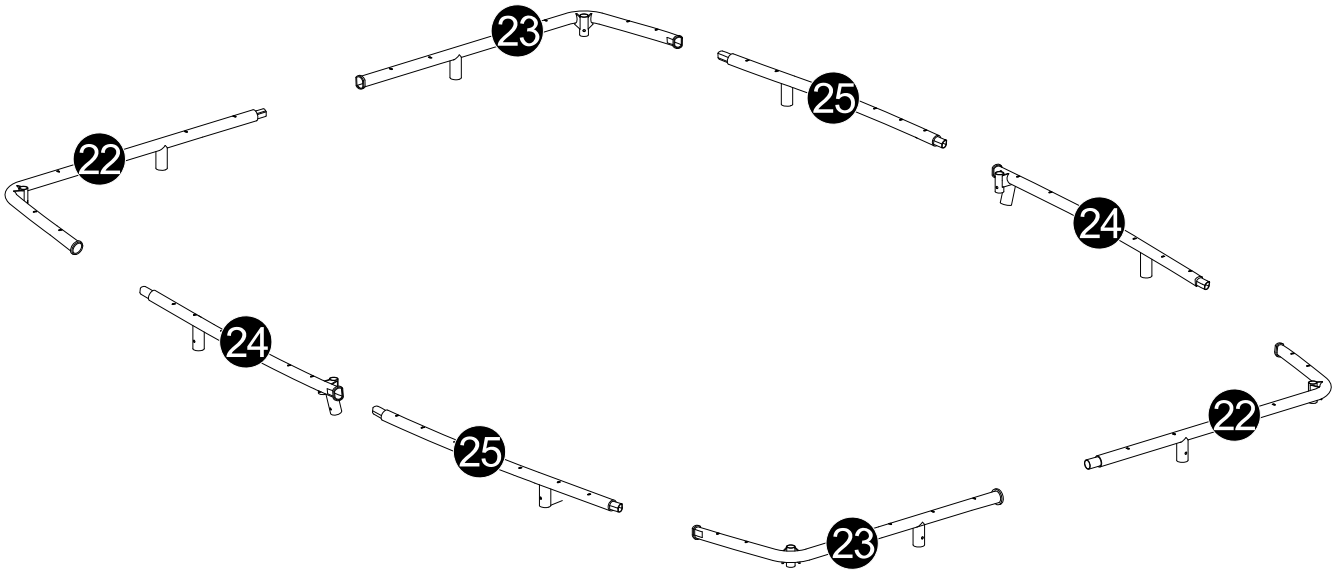
Part Number	Image	Description	Qty
J		Enclosure Safety Instruction Placard	1
K		End Cap	6
L01		Cane Shaped Frame Tube	2
L03		Foot Tread	2
L04		Bolt (40mm)	4
L05		Cap Nut	4
L06		Arc Washer	8
L07		Spring Lock Washer	4
L08		End Cap	4
L09		Ladder Safety Instruction Placard	1
L11		Cable Ties	4
M		Curved Cable Wire M	2
N		Curved Cable Wire N	2

Assembly Instructions

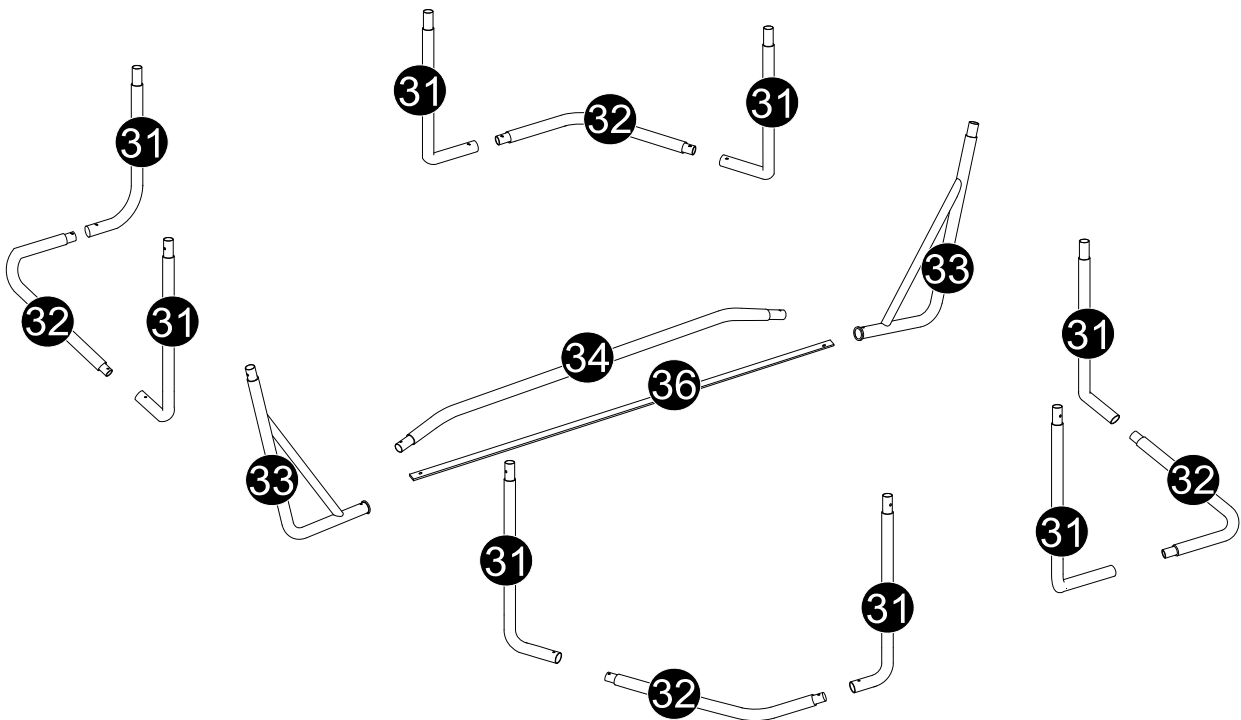
STEP 1 – LAY OUT FRAME



Top Rail



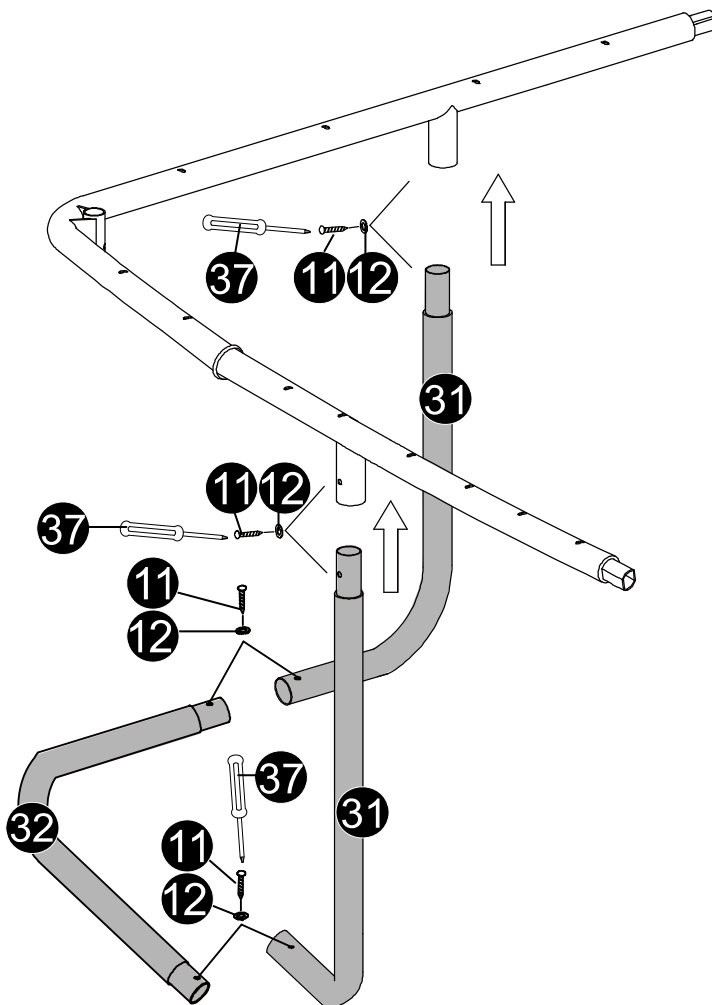
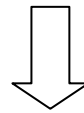
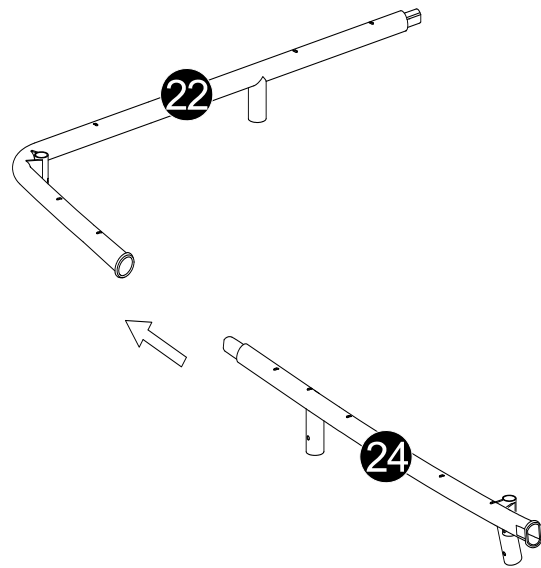
Leg Base



STEP 2 – BUILD LEGS (LEFT) AND CONNECT TO TOP FRAME

Note:

Connect parts 22 & 24 together to form one corner of the top frame.



Note:

Next slide on 2x Part 31 and then attach Part 32 to create the full leg.

Note:

Ensure holes are aligned and then secure all elements together with screws and washers using the tools provided.

Tip:

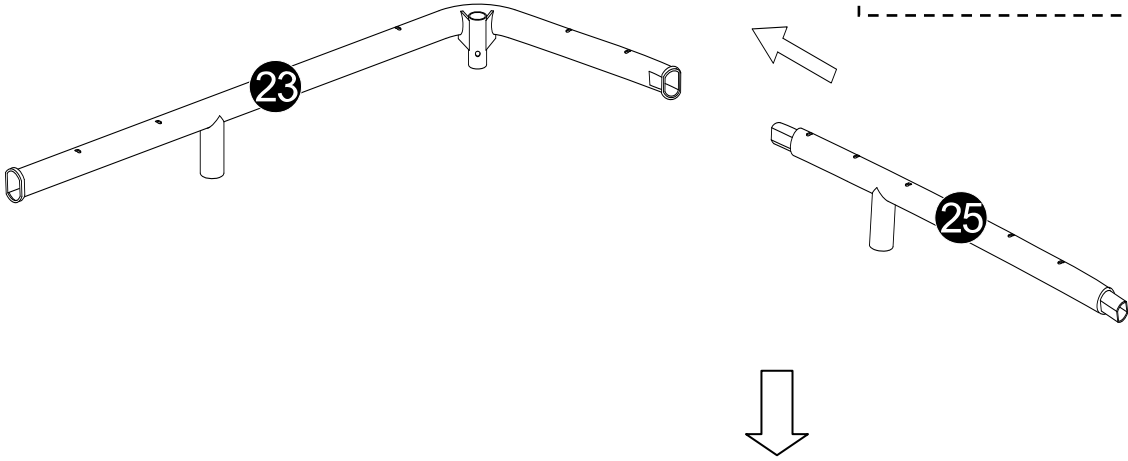
You may need to adjust the legs as you begin securing each element together to ensure that the holes stay aligned.

Note:

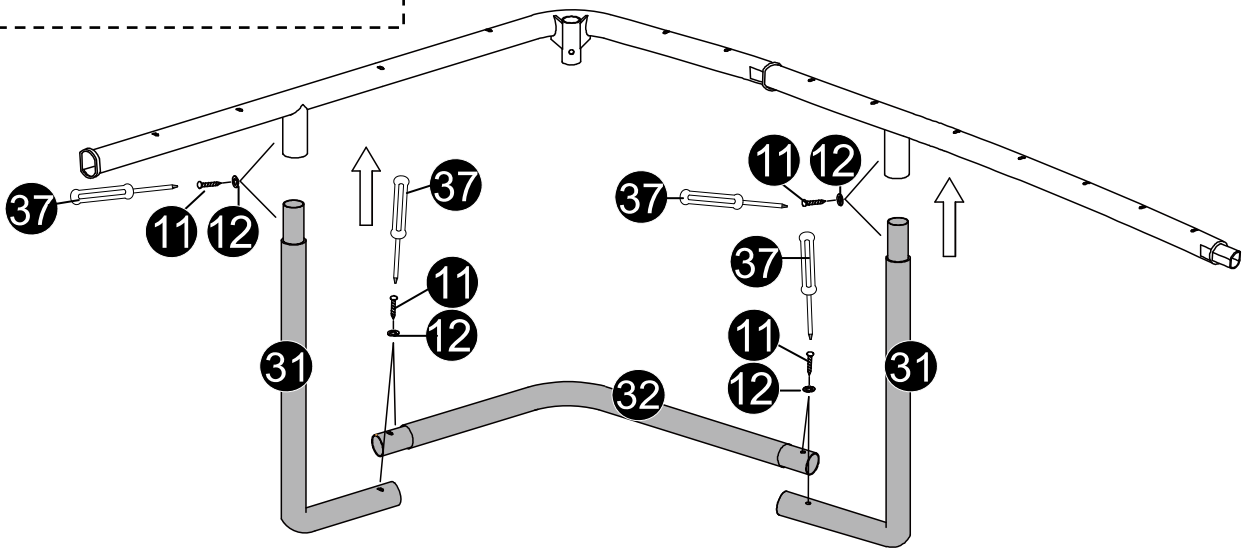
Repeat once more to build leg in opposite corner.

STEP 3 - BUILD LEGS (RIGHT) AND CONNECT TO TOP FRAME

Note:
Connect parts 23 & 25 together to form one corner of the top frame.



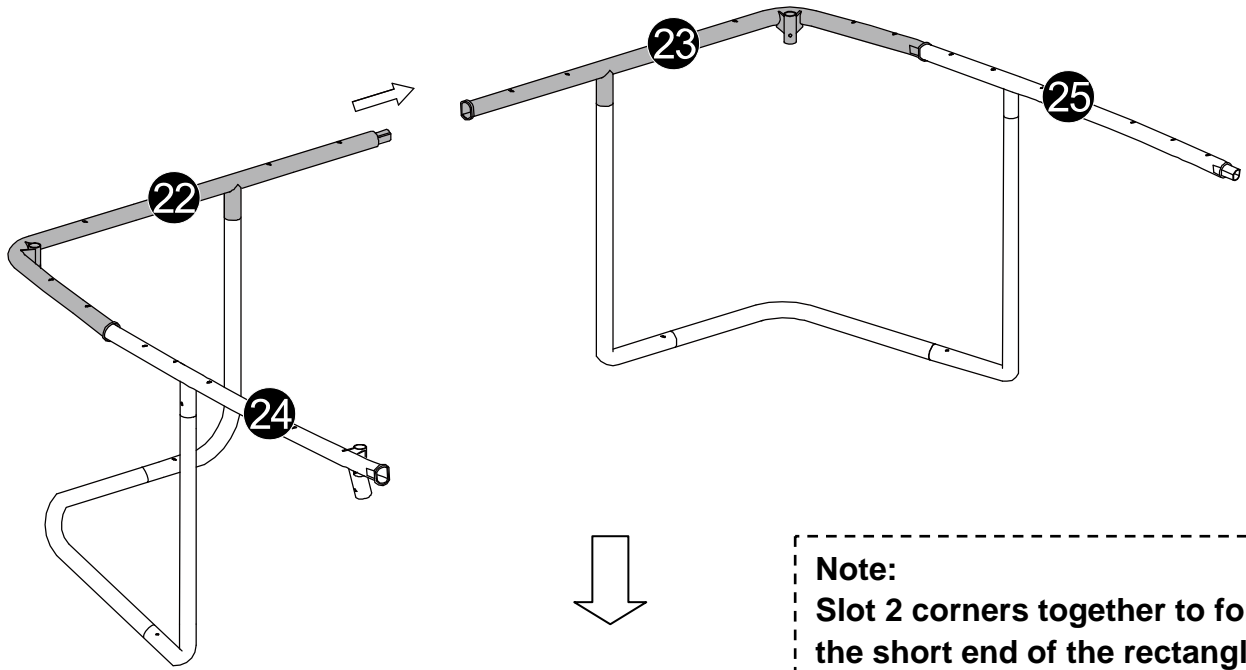
Note:
Next slide on 2x Part 31 and then attach Part 32 to create the full leg.



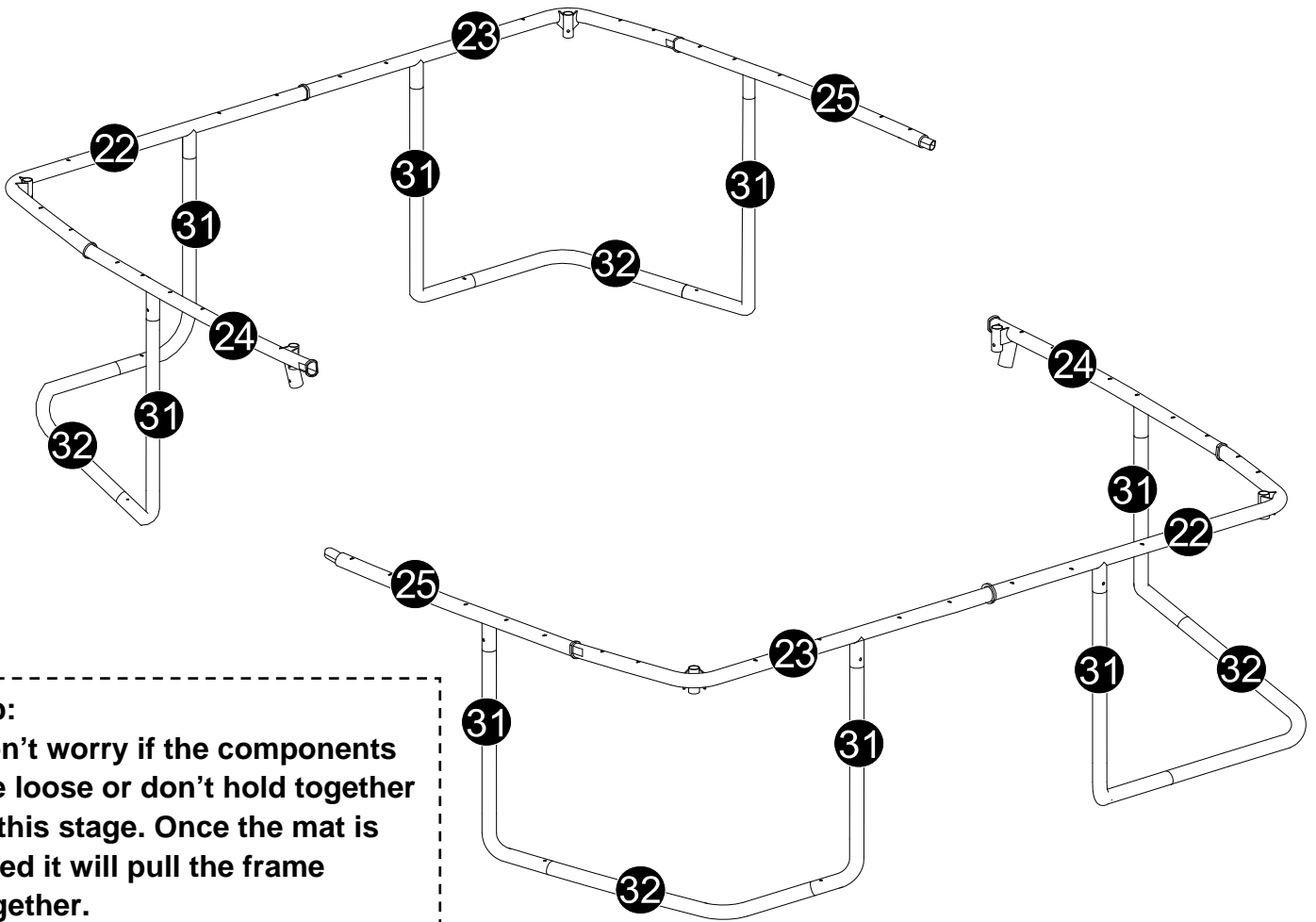
Note:
Ensure holes are aligned and then secure all elements together with screws and washers using the tools provided. Repeat once more to build leg in opposite corner.

Tip:
You may need to adjust the legs as you begin securing each element together to ensure that the holes stay aligned.

STEP 4- CONNECTING FRAME INTO A RECTANGLE



Note:
Slot 2 corners together to form the short end of the rectangle. Repeat to form other end.



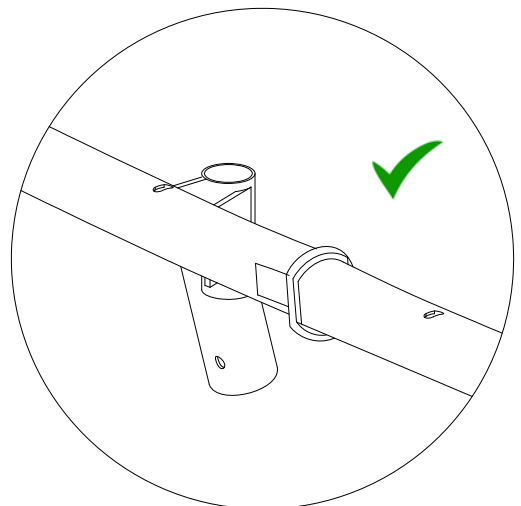
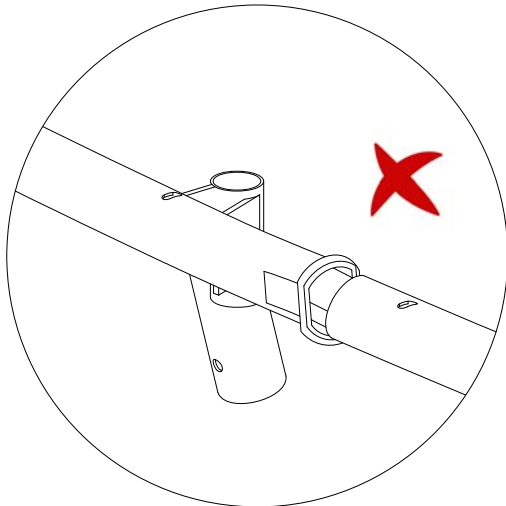
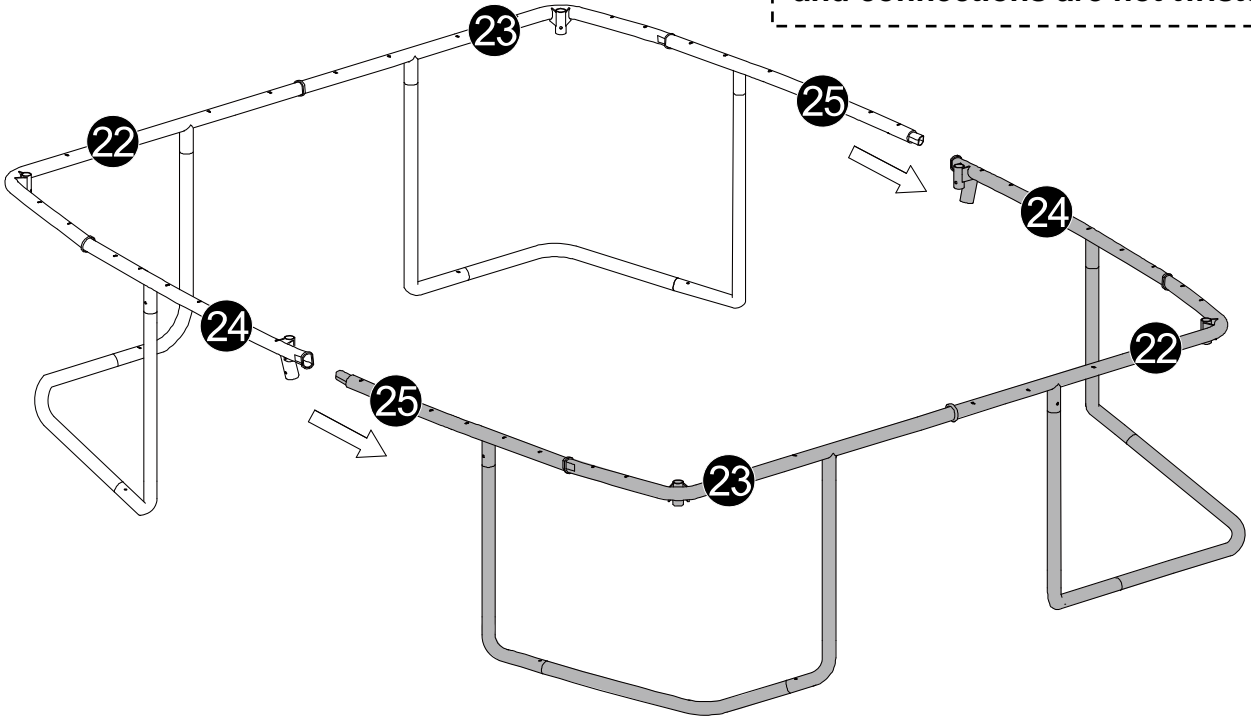
Tip:
Don't worry if the components are loose or don't hold together at this stage. Once the mat is fitted it will pull the frame together.

STEP 4- CONNECTING FRAME INTO A RECTANGLE (Continued)

Note:

Slide both ends together and slot together as pictured to form complete rectangle.

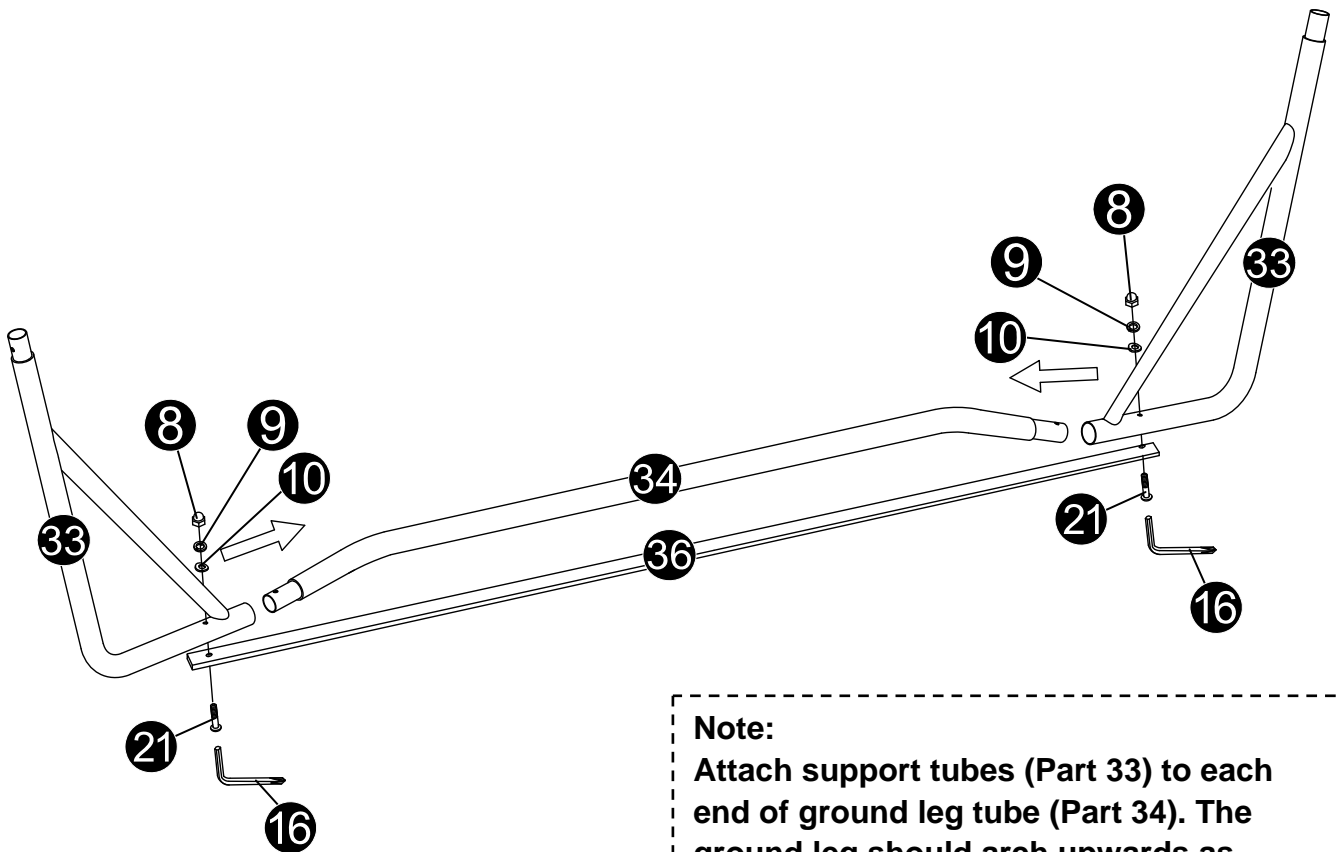
Ensure that the frame is straight and connections are not twisted.



Tip:

Don't worry if the components are loose or don't hold together at this stage. Once the mat is fitted it will pull the frame together.

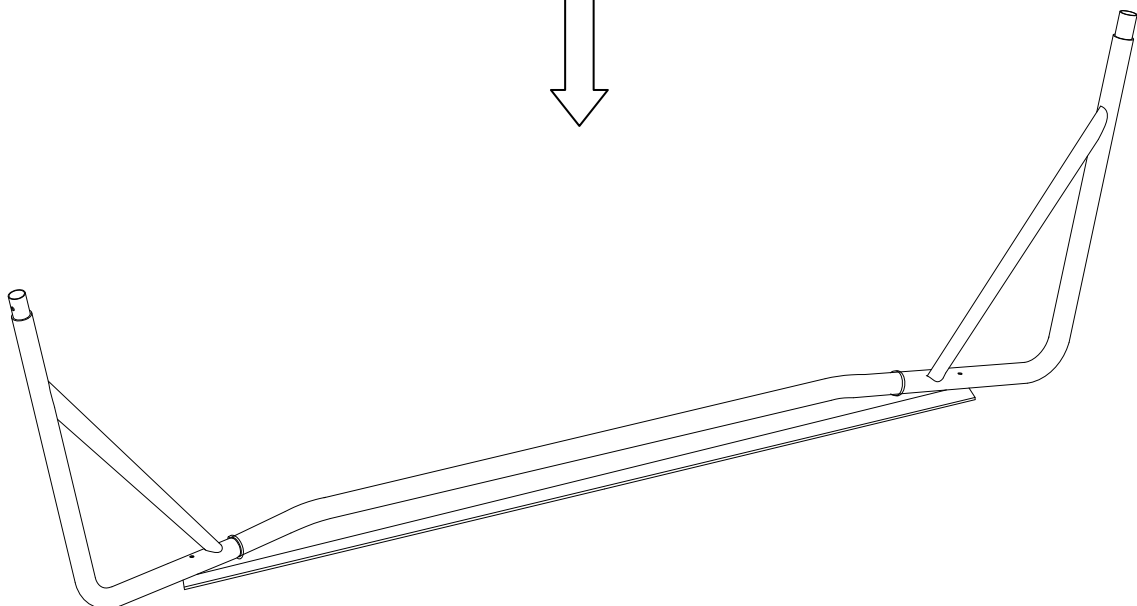
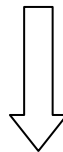
STEP 5- BUILD GROUND LEG



Note:

Attach support tubes (Part 33) to each end of ground leg tube (Part 34). The ground leg should arch upwards as pictured.

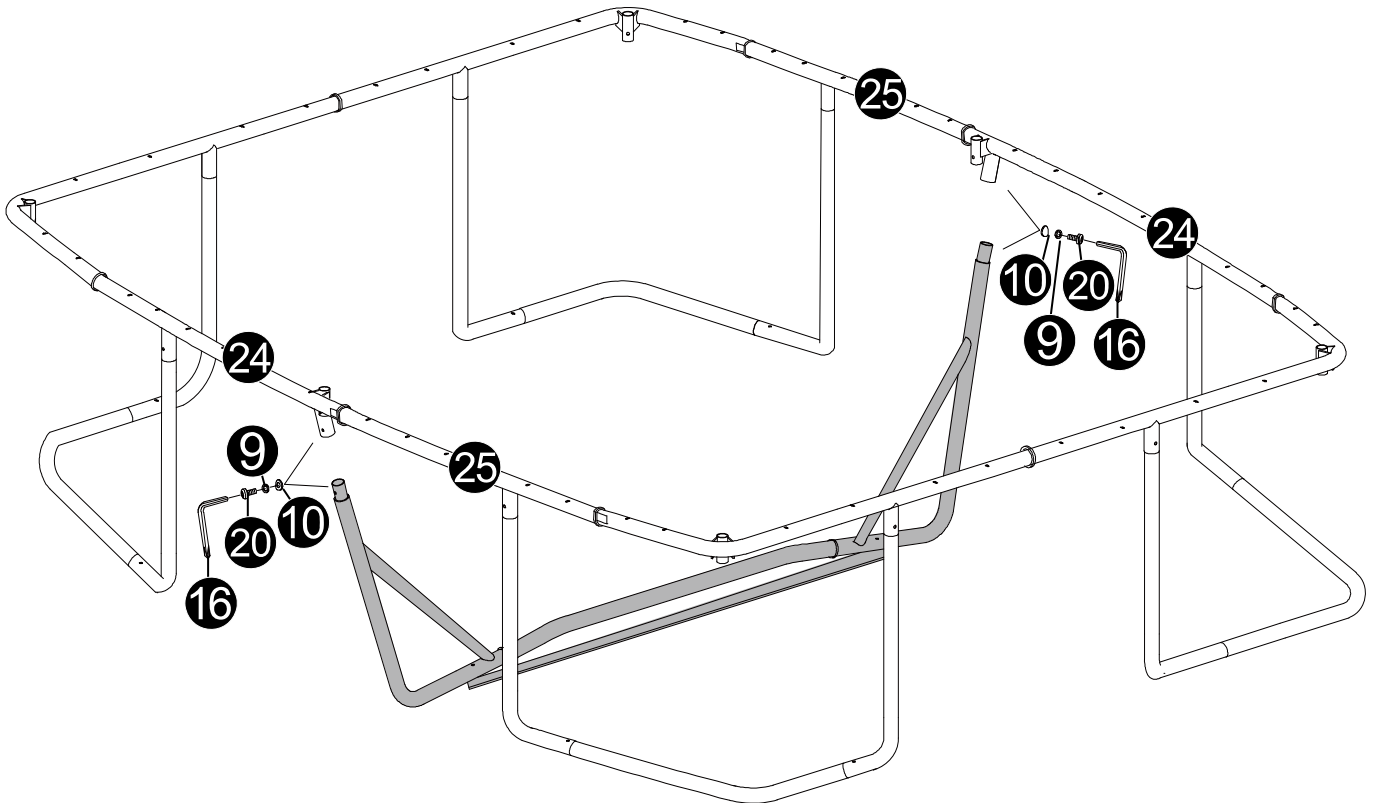
Next, place the metal band (Part 36) underneath the ground leg and secure all components together with bolts and washers using the tools provided.



STEP 6 – ATTACH GROUND LEG TO FRAME

Note:

Attach the ground leg to the frame by slotting into leg sockets as pictured and secure with bolts and washers using the tools provided.



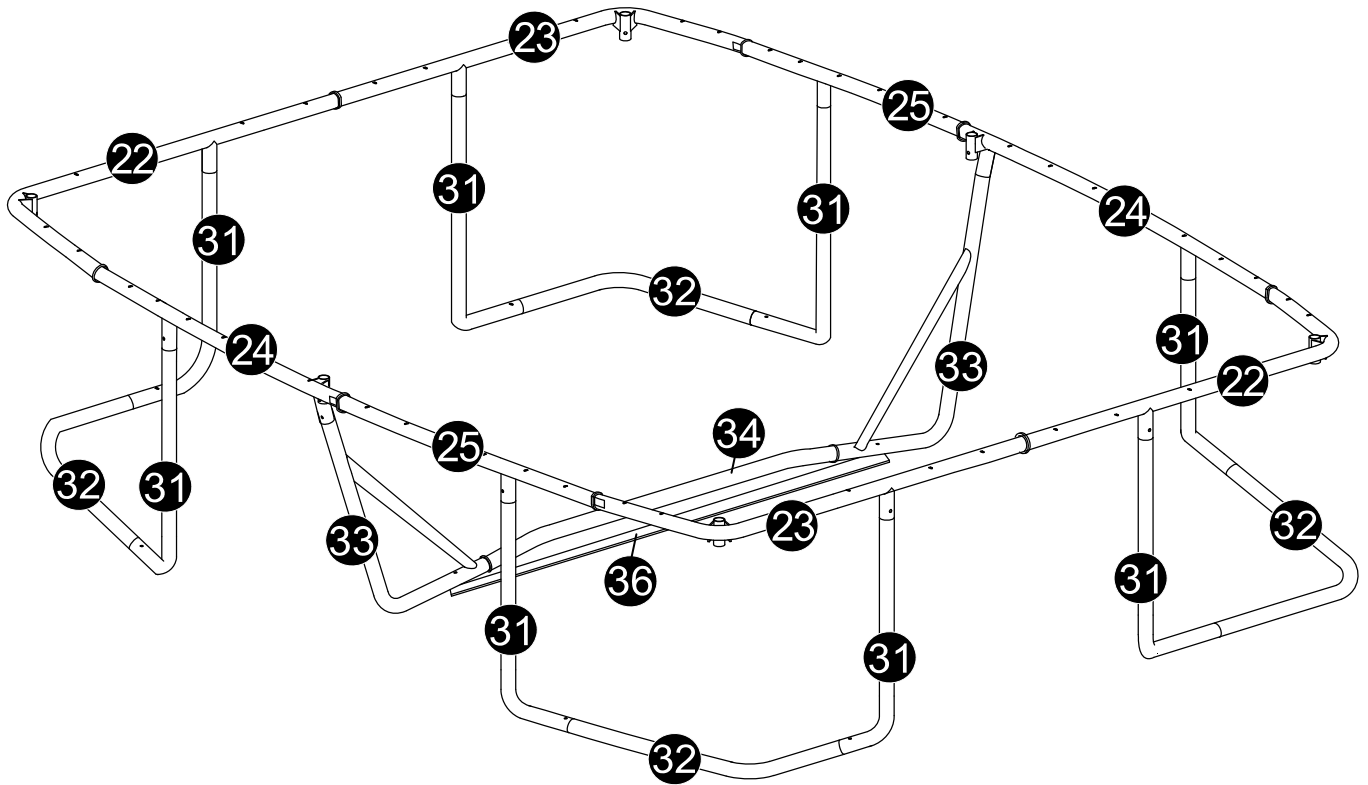
Tip:

The components may be stiff when trying to attach together, if so, try gently tapping them together with a hammer.

Tip:

Don't worry if the components are loose or don't hold together at this stage. Once the mat is fitted it will pull the frame together.

STEP 7 – LOOK OF COMPLETED FRAME



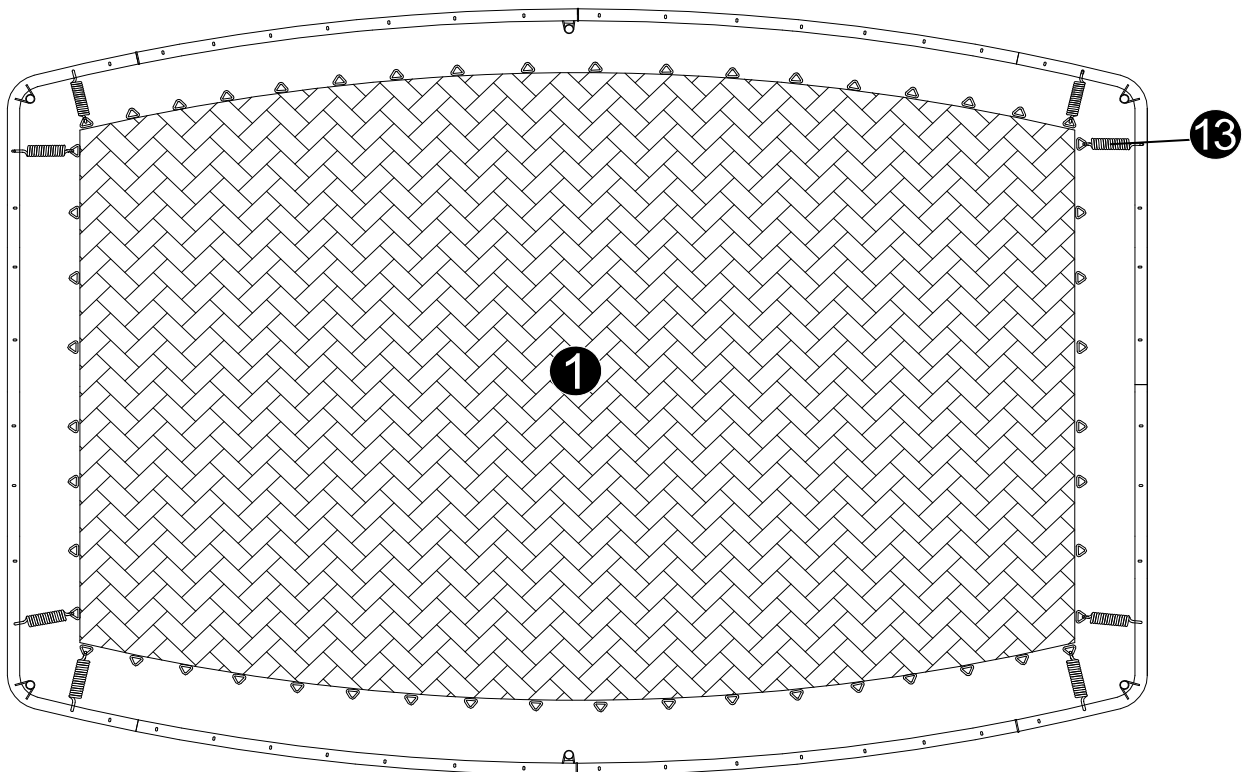
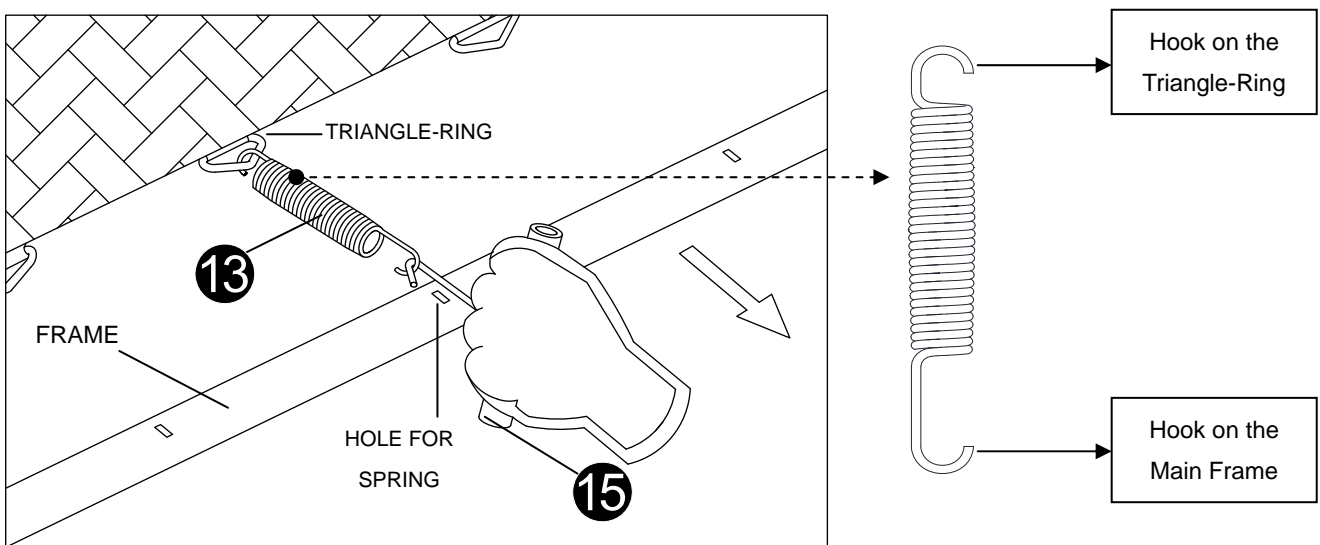
Note:
Check frame has been assembled correctly and that all components are aligned and legs are straight.

Tip:
Don't worry if the components are loose or don't hold together at this stage. Once the mat is fitted it will pull the frame together.

STEP 8 – SPRING ASSEMBLY

Please note: It is important to follow these steps accurately as incorrectly installing the springs could damage the trampoline mattress and overstretch the springs.

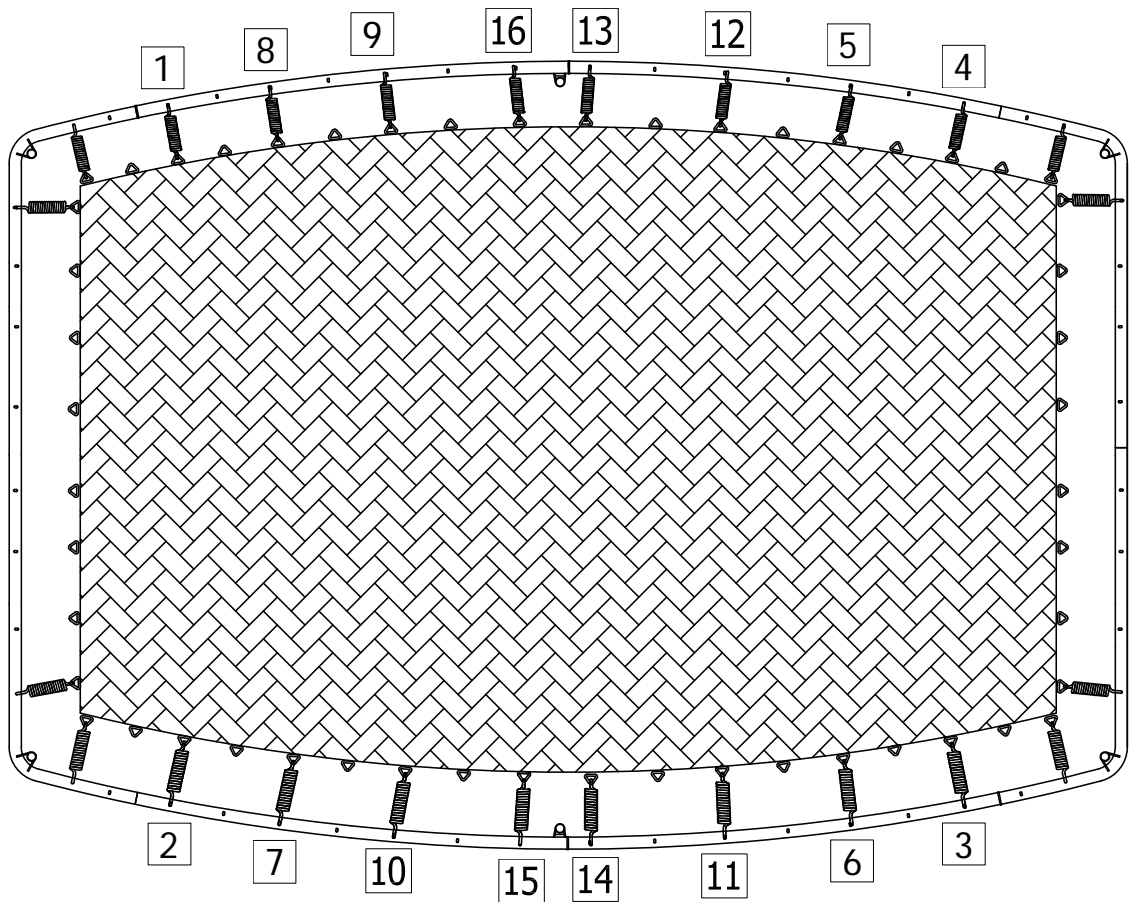
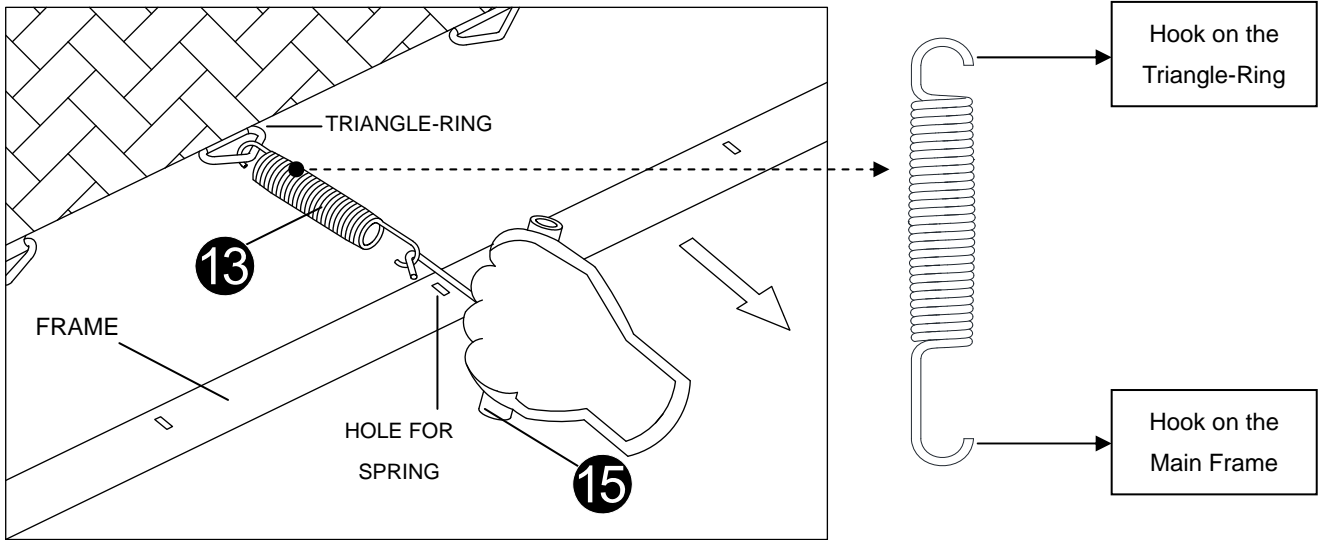
Place the trampoline mat flat on the ground inside the assembled frame with the warning labels and hem facing up. Begin by installing springs to the four corners of the mat by hooking one end of the spring into the triangular ring on the mat and, holding the spring loading tool underhand, pull the other end of the spring and lock it into the hole on the frame. Please note the two ends of the spring are different and must be installed as shown in the diagram below. Continue to install springs in the sequence shown in the following steps.



STEP 8 – SPRING ASSEMBLY (Continued)

To ensure even tension on the mattress and springs you must continue to install springs at regular intervals and in opposite pairs as pictured.

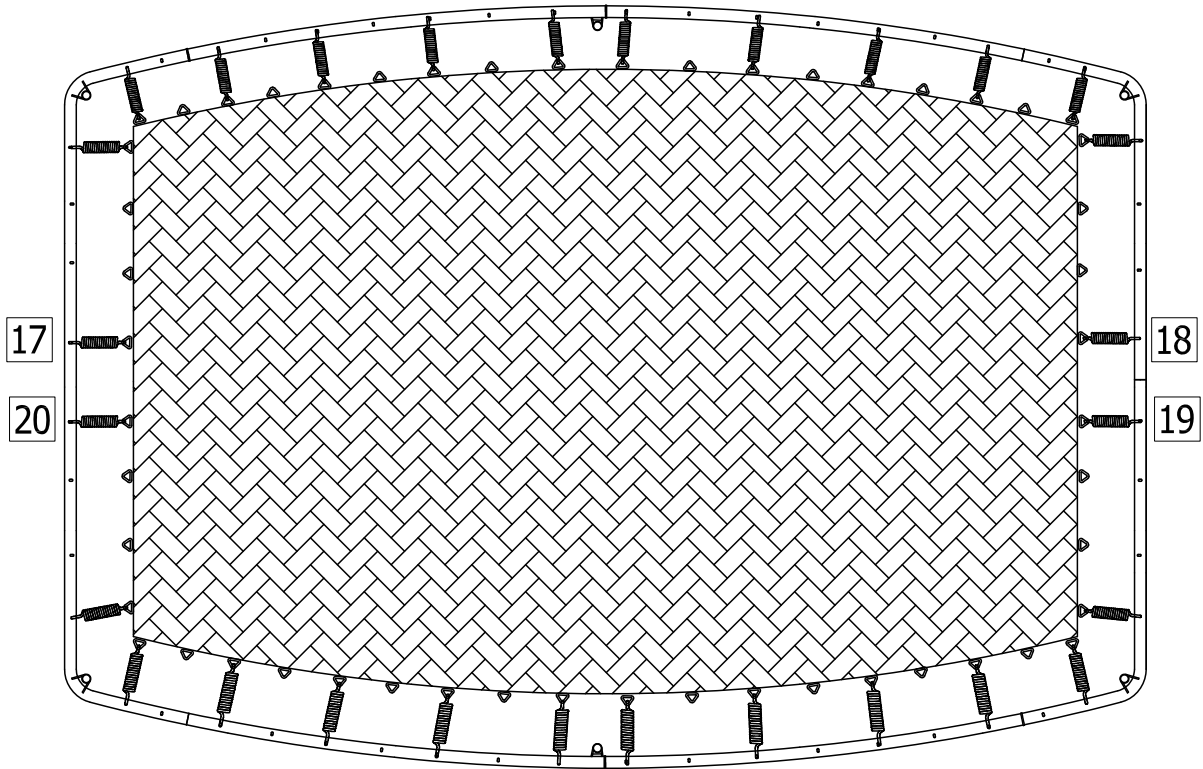
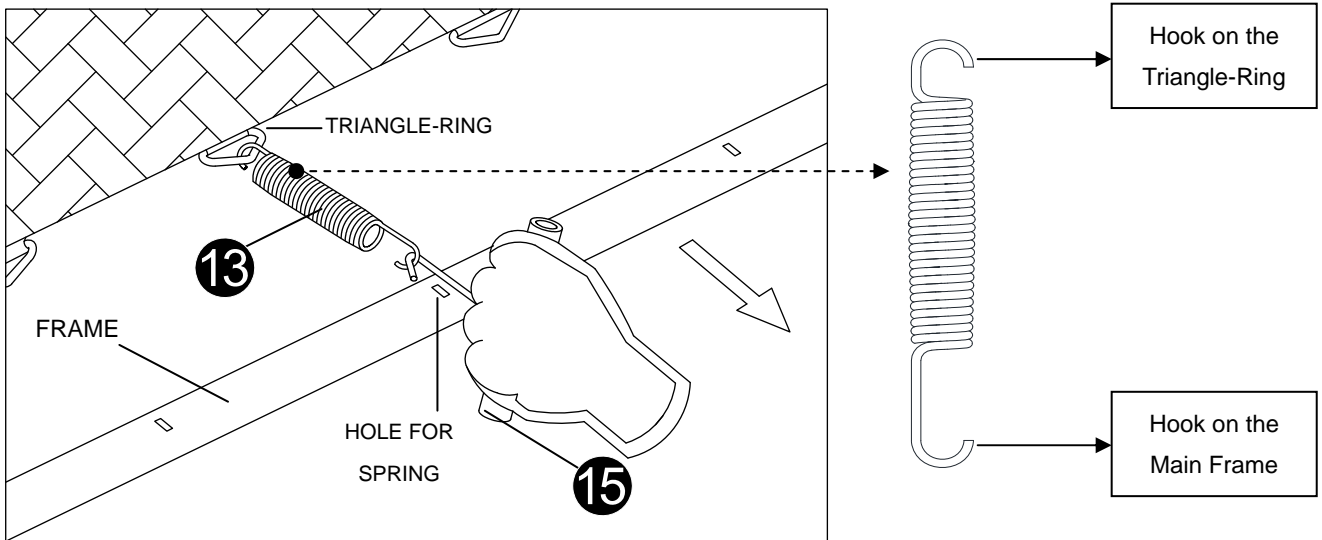
Next install the springs on each side of the mat as pictured. Start by installing springs in positions 1 and 2 then 3 and 4; install positions 5 and 6 and then 7 and 8; position 9 then 10; position 11 then 12; position 13 then 14; position 15 then 16.



STEP 8 – SPRING ASSEMBLY (Continued)

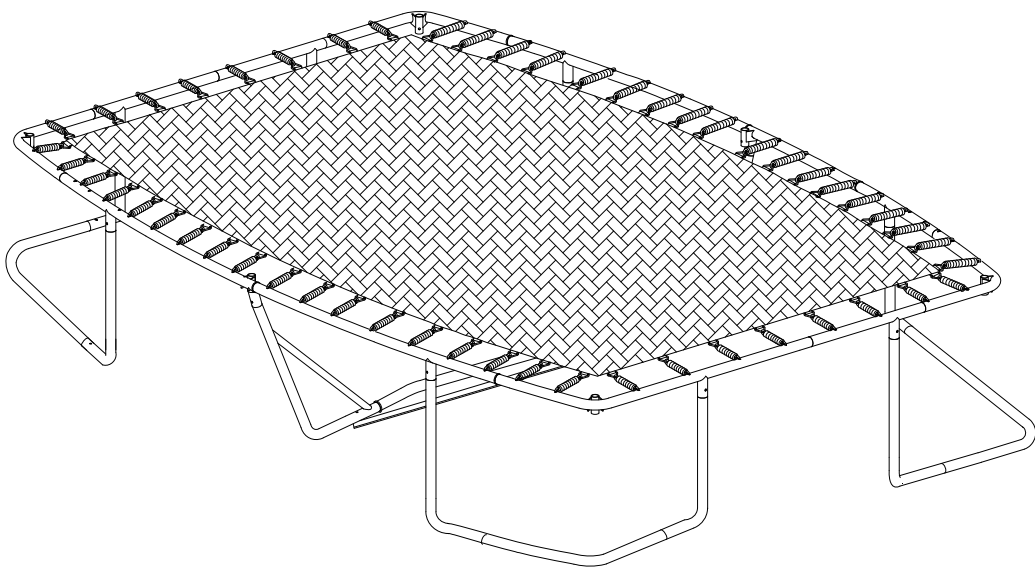
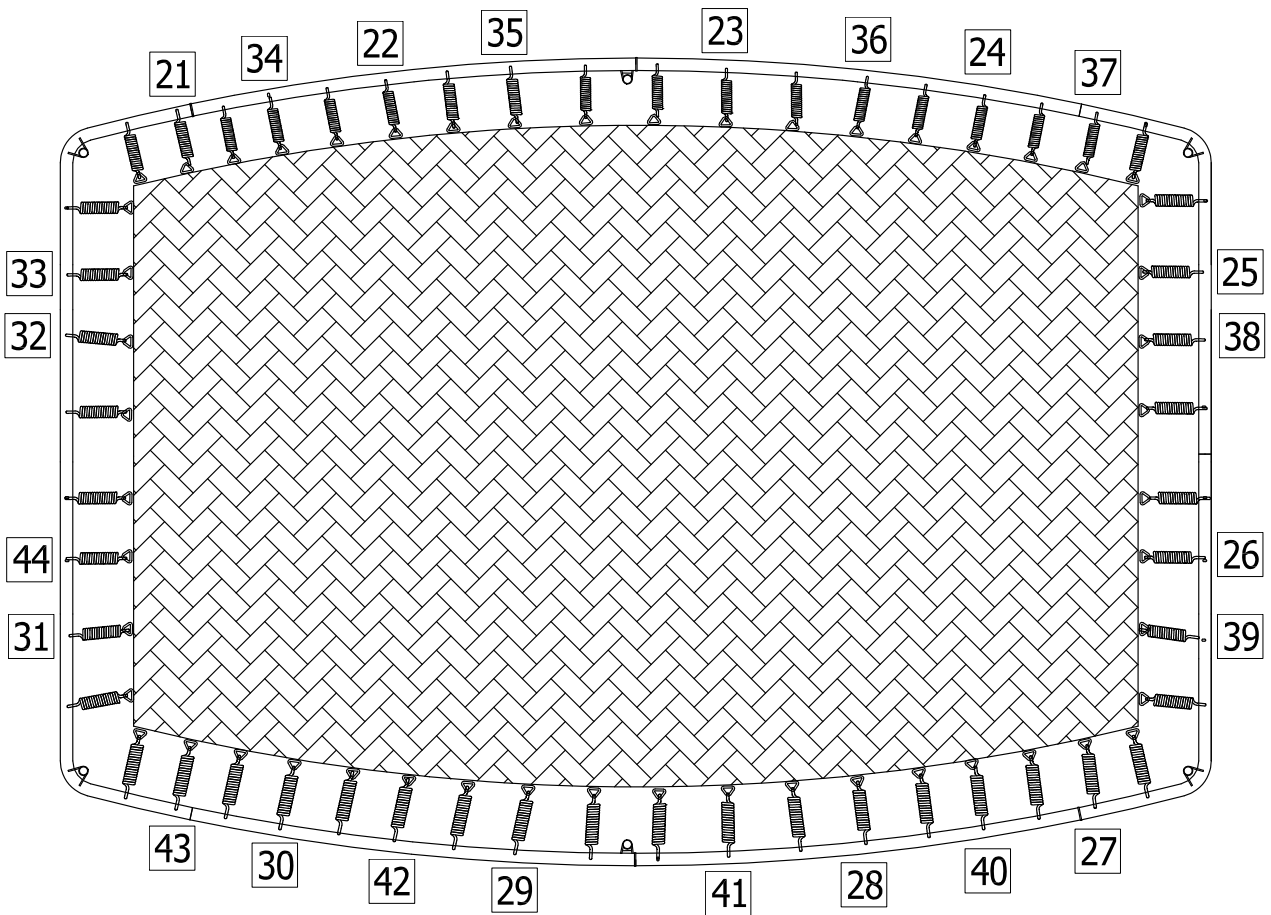
To ensure even tension on the mattress and springs you must continue to install springs at regular intervals and in opposite pairs as pictured.

Install position 17 then 18; position 19 then 20.

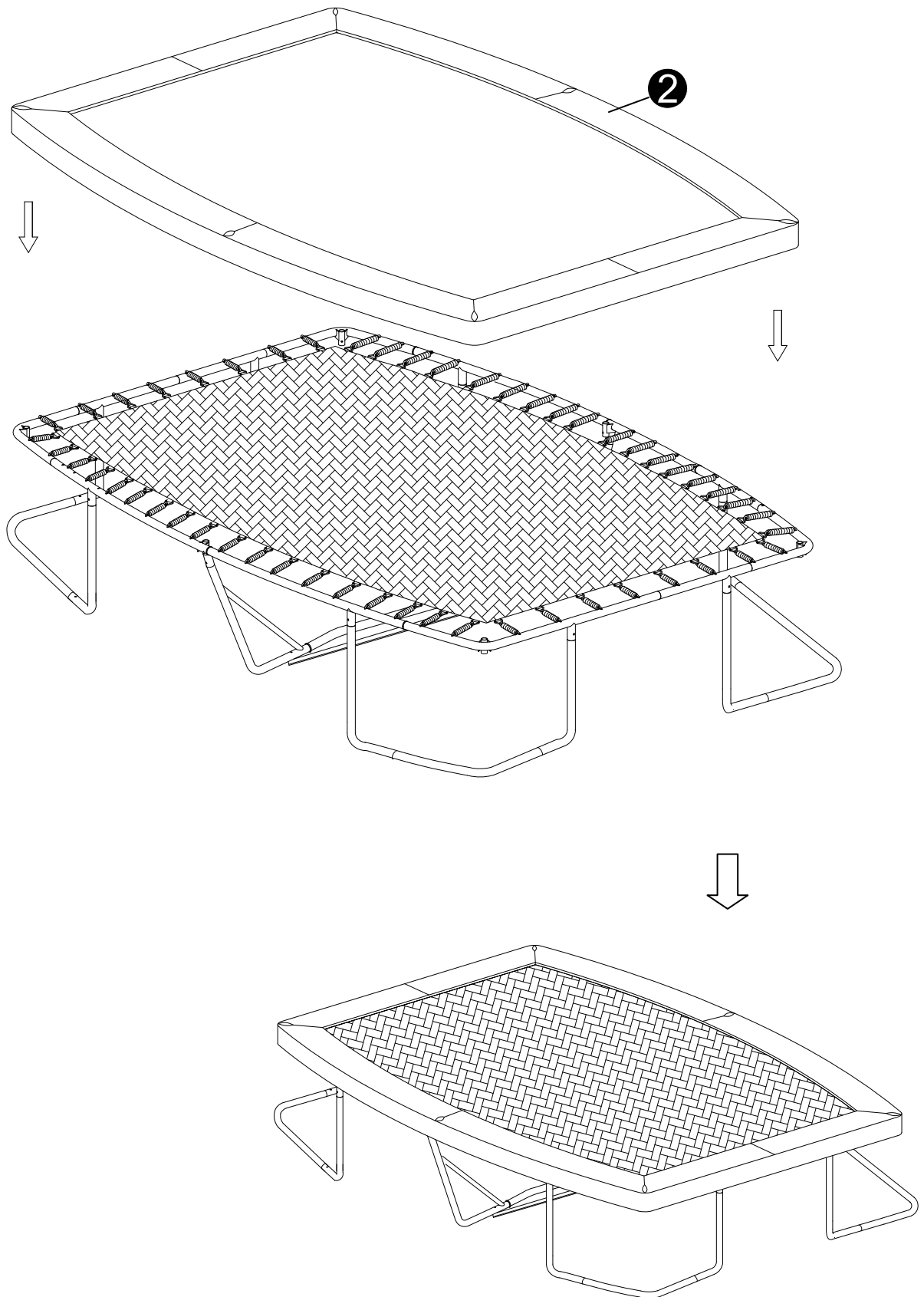


STEP 8 – SPRING ASSEMBLY (Continued)

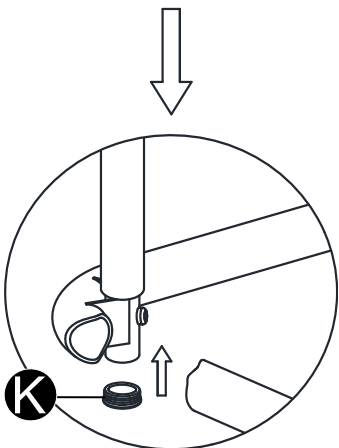
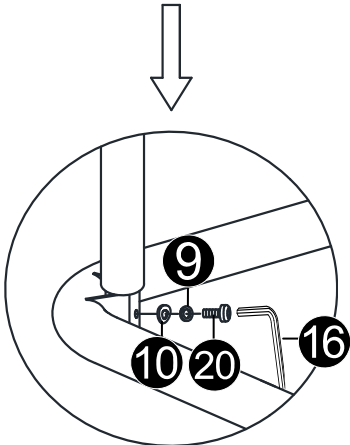
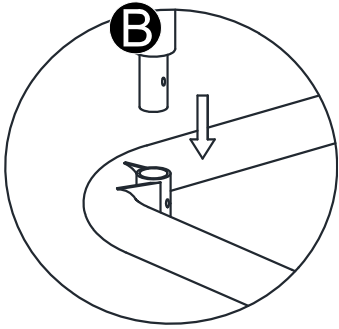
Now continue to install the rest of the springs in the remaining gaps in the order shown below.



STEP 9 – FIT PADDING

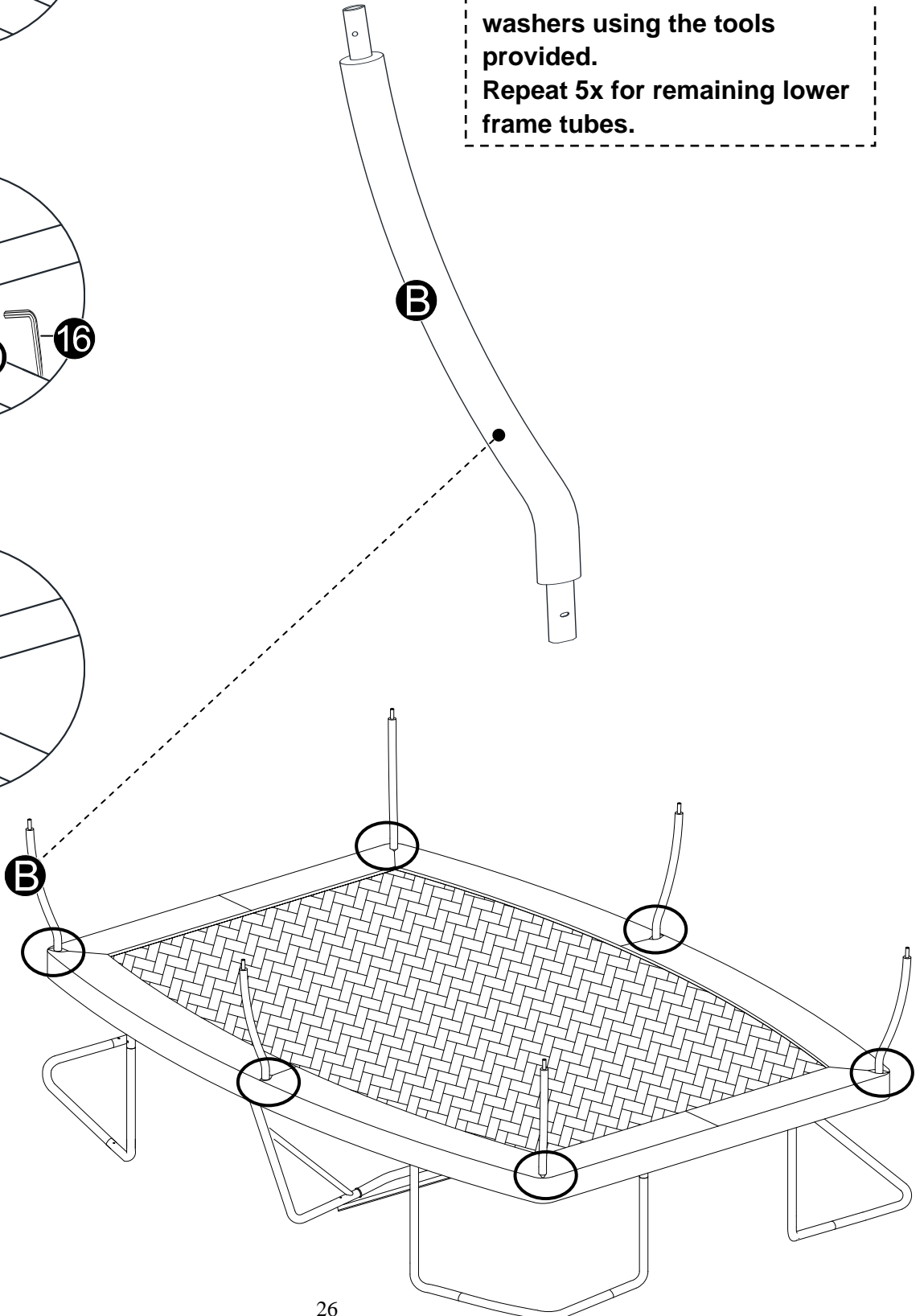


STEP 10 – ATTACH LOWER FRAME TUBES

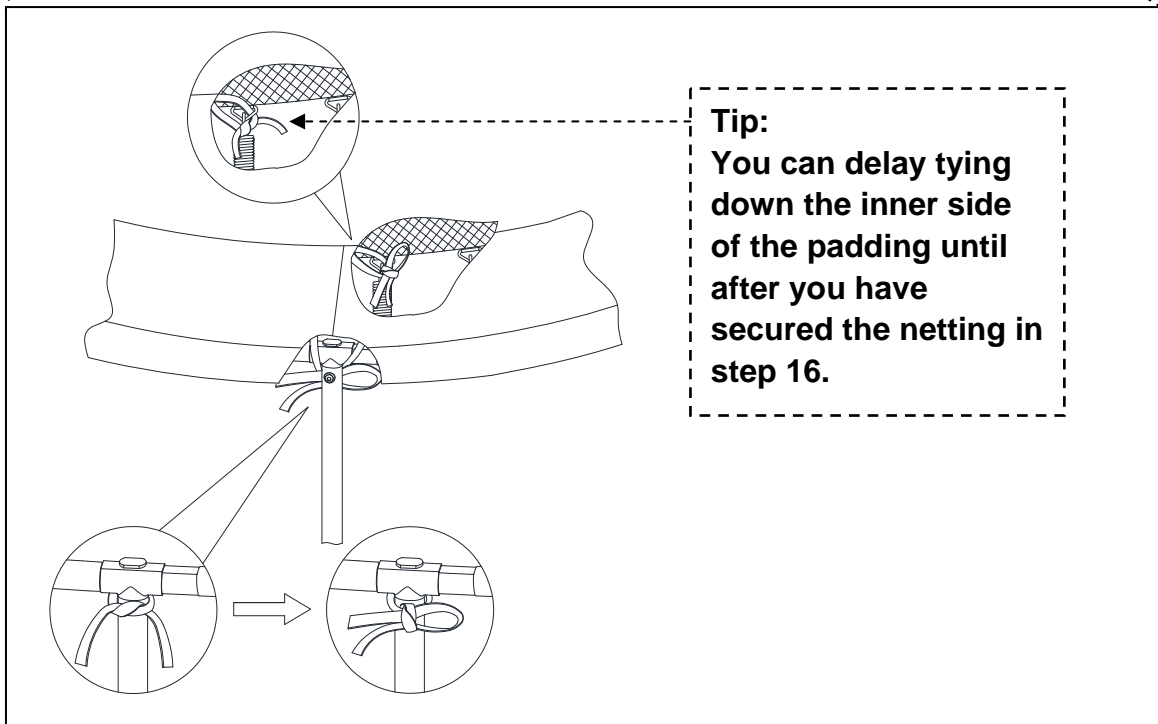
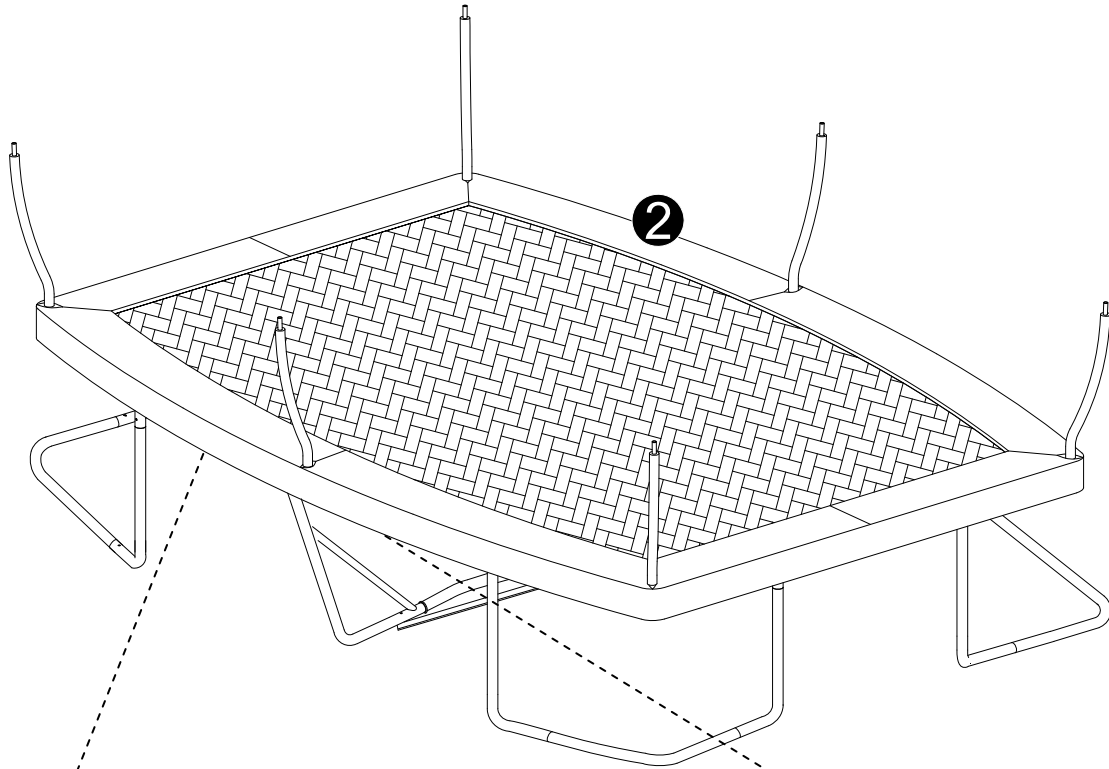


Note:

Slot lower frame tube into hole on the frame ensuring that it curves outwards as pictured. Secure with bolts and washers using the tools provided. Repeat 5x for remaining lower frame tubes.



STEP 11 – SECURE PADDING

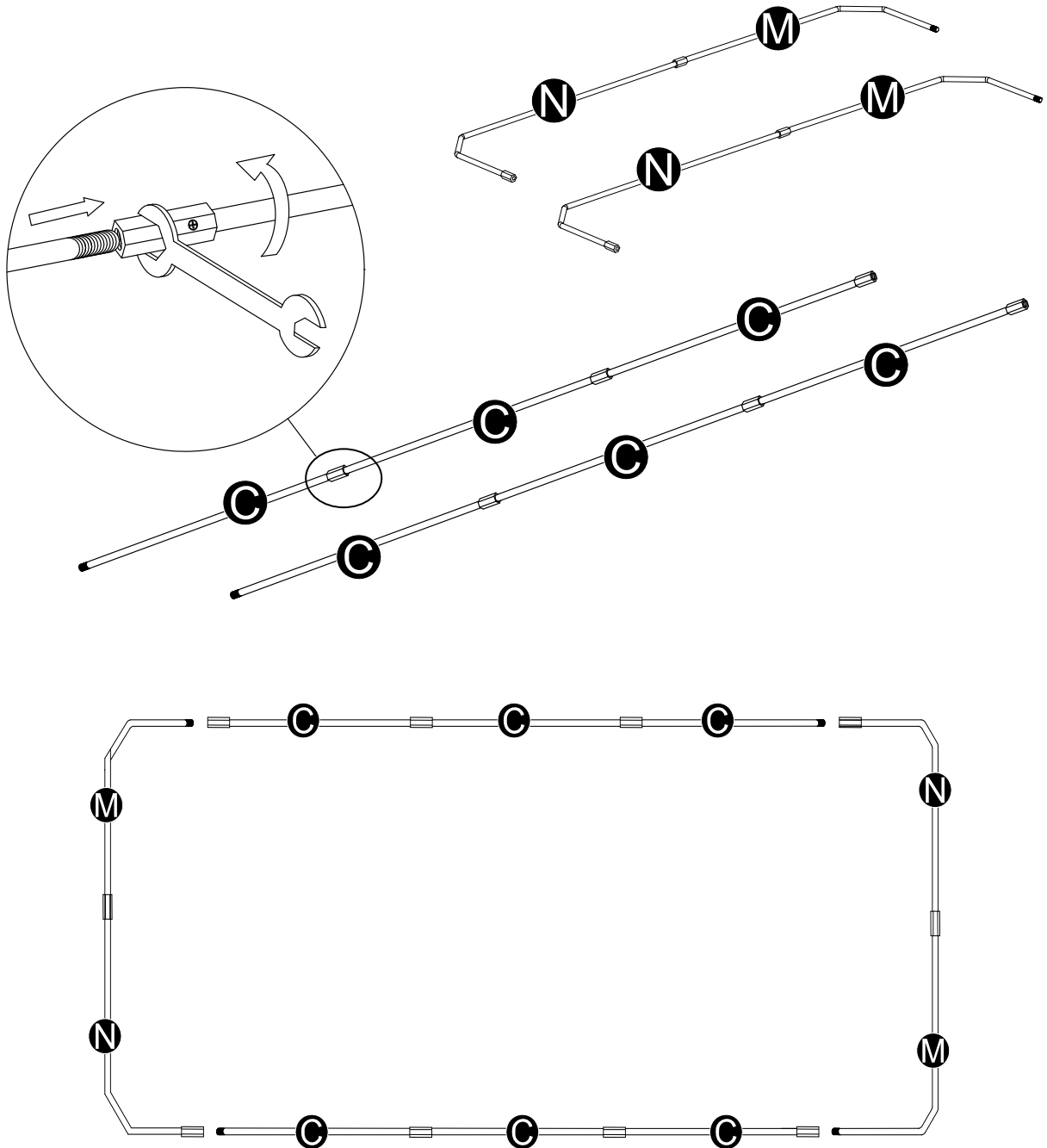


STEP 12 – ASSEMBLE CABLE WIRES

Note:

Make up two even lengths of cable wire to form the long sides of the rectangle by combining 3 x Part C for each.

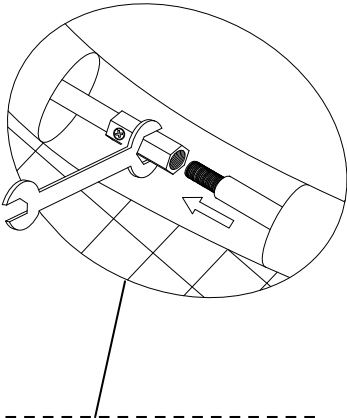
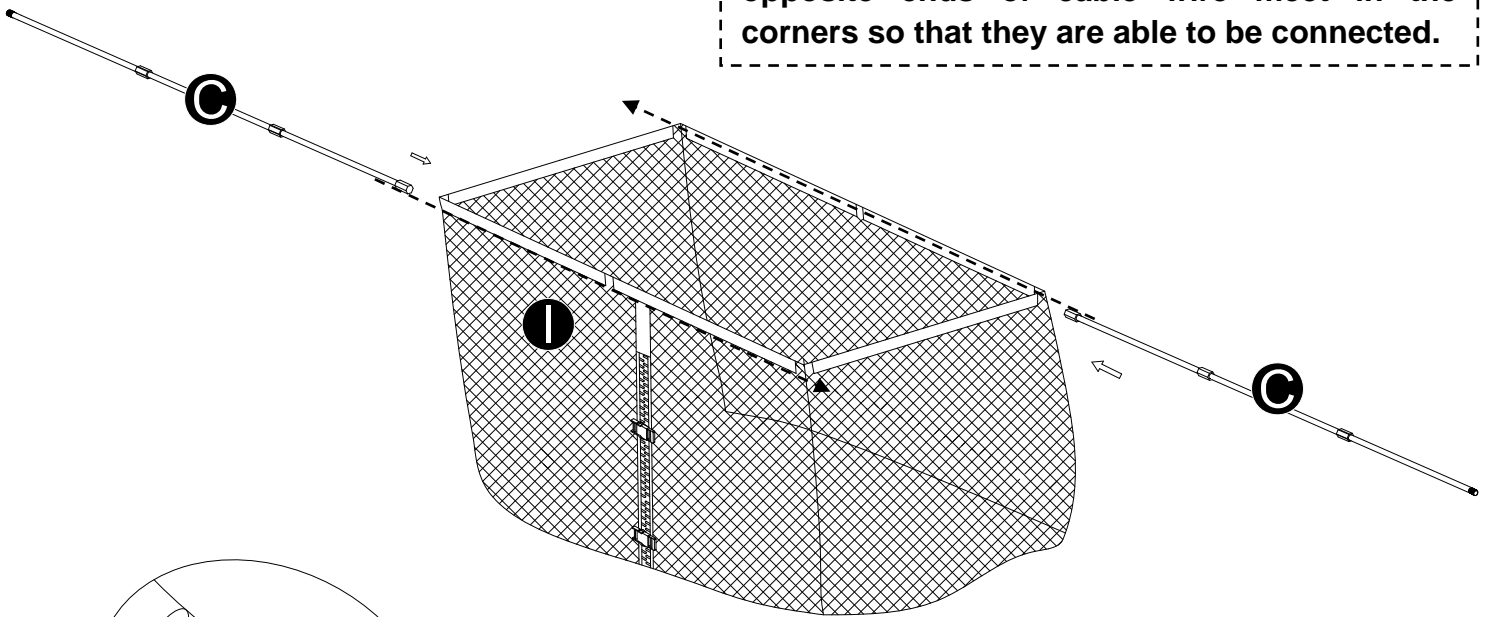
Also make up two even lengths of cable wire to form the short sides of the rectangle by combining 1 x Part M and 1 x Part N for each.



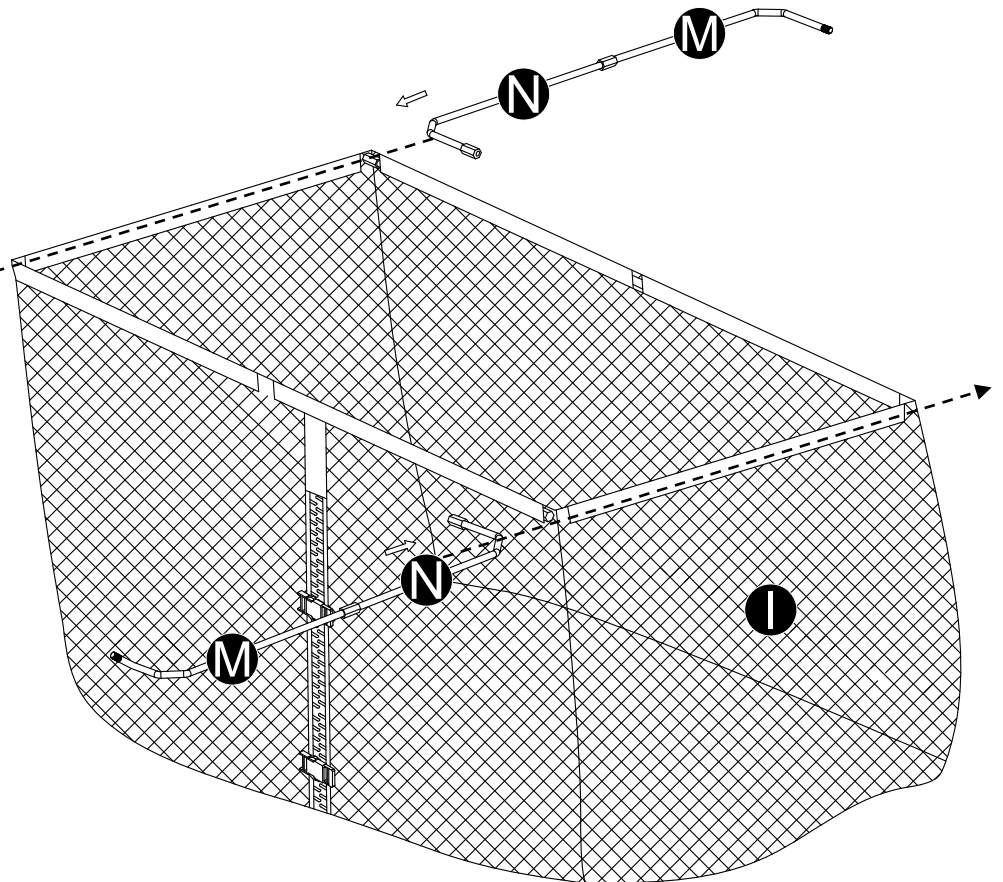
STEP 13 – BUILD ENCLOSURE TOP RING

Note:

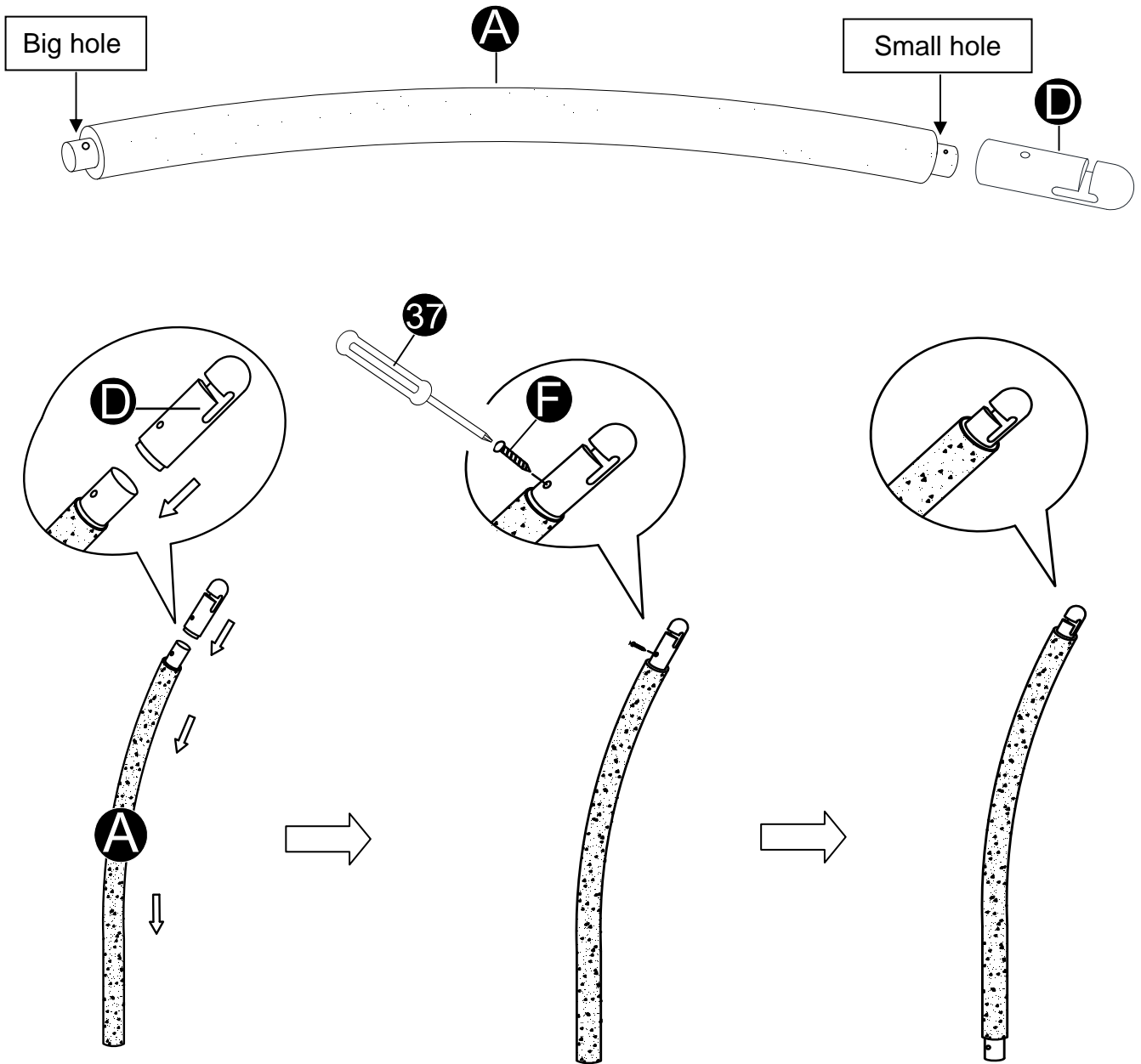
Lay out the enclosure netting and thread cable wires through the sleeves. Ensure that opposite ends of cable wire meet in the corners so that they are able to be connected.



Note:
Connect rods at the corners using the tools provided.



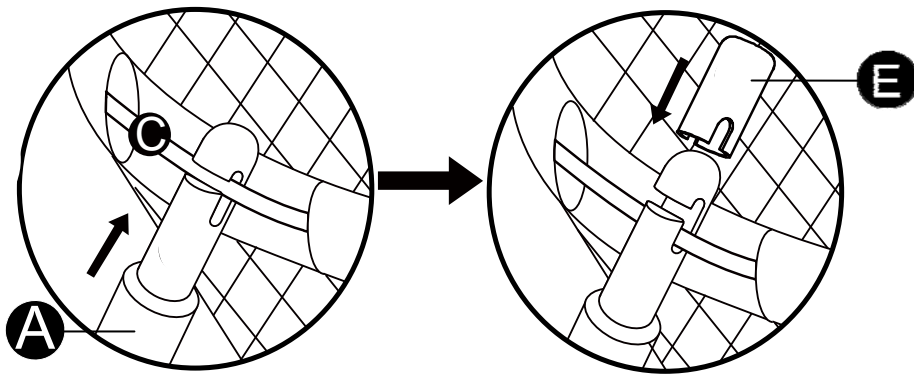
STEP 14 – ASSEMBLE UPPER FRAME TUBES



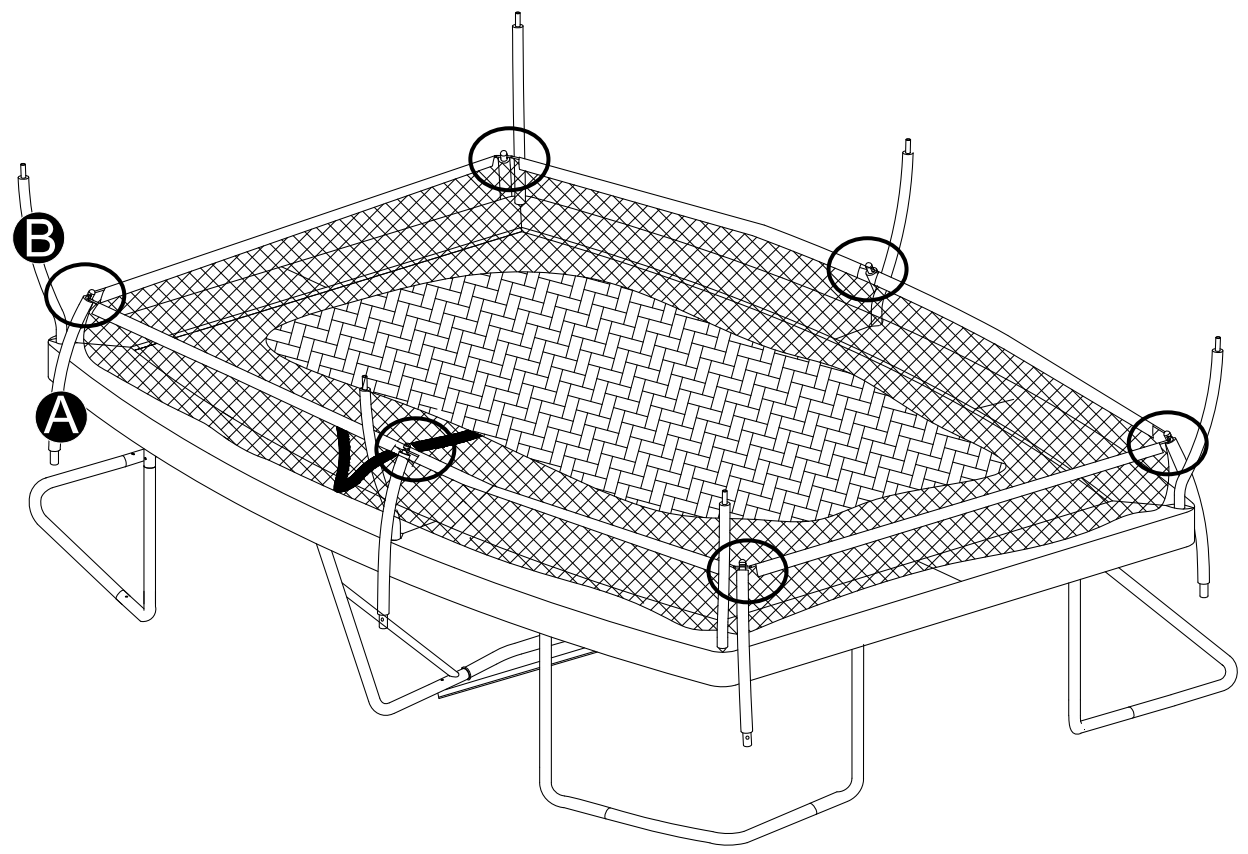
Note:

Repeat step to assemble five more upper frame tubes.

STEP 14 – ASSEMBLE UPPER FRAME TUBES (Continued)



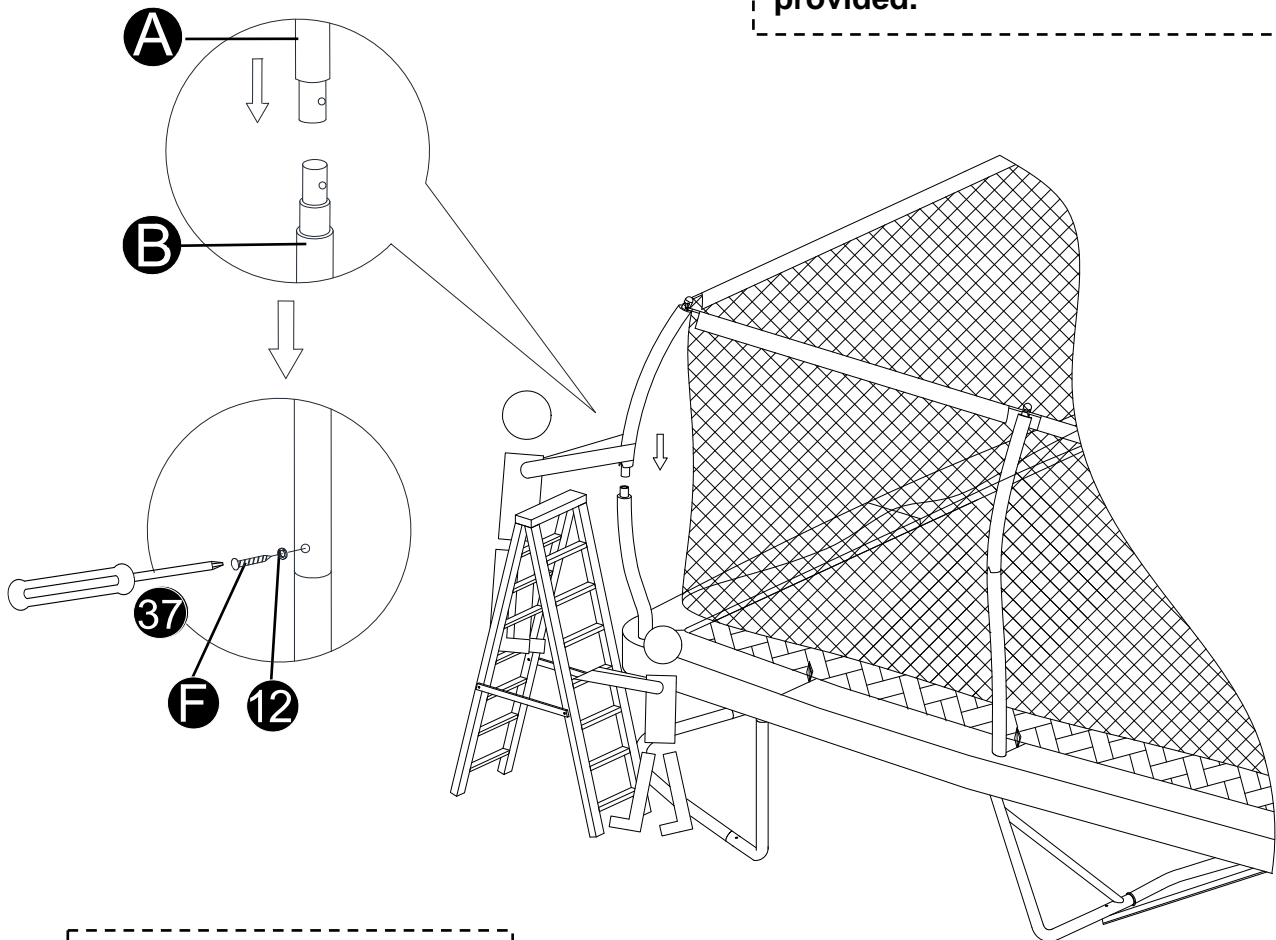
Note:
Attach the enclosure pole end cap on to the cable wire and then fit enclosure cap cover. Repeat this step for the remaining 5 poles.



STEP 15 – ATTACH UPPER FRAME TUBES

Note:

Lift up each of the upper frame tubes and slide on to the lower frame tubes. Secure with washers and screws using the tools provided.

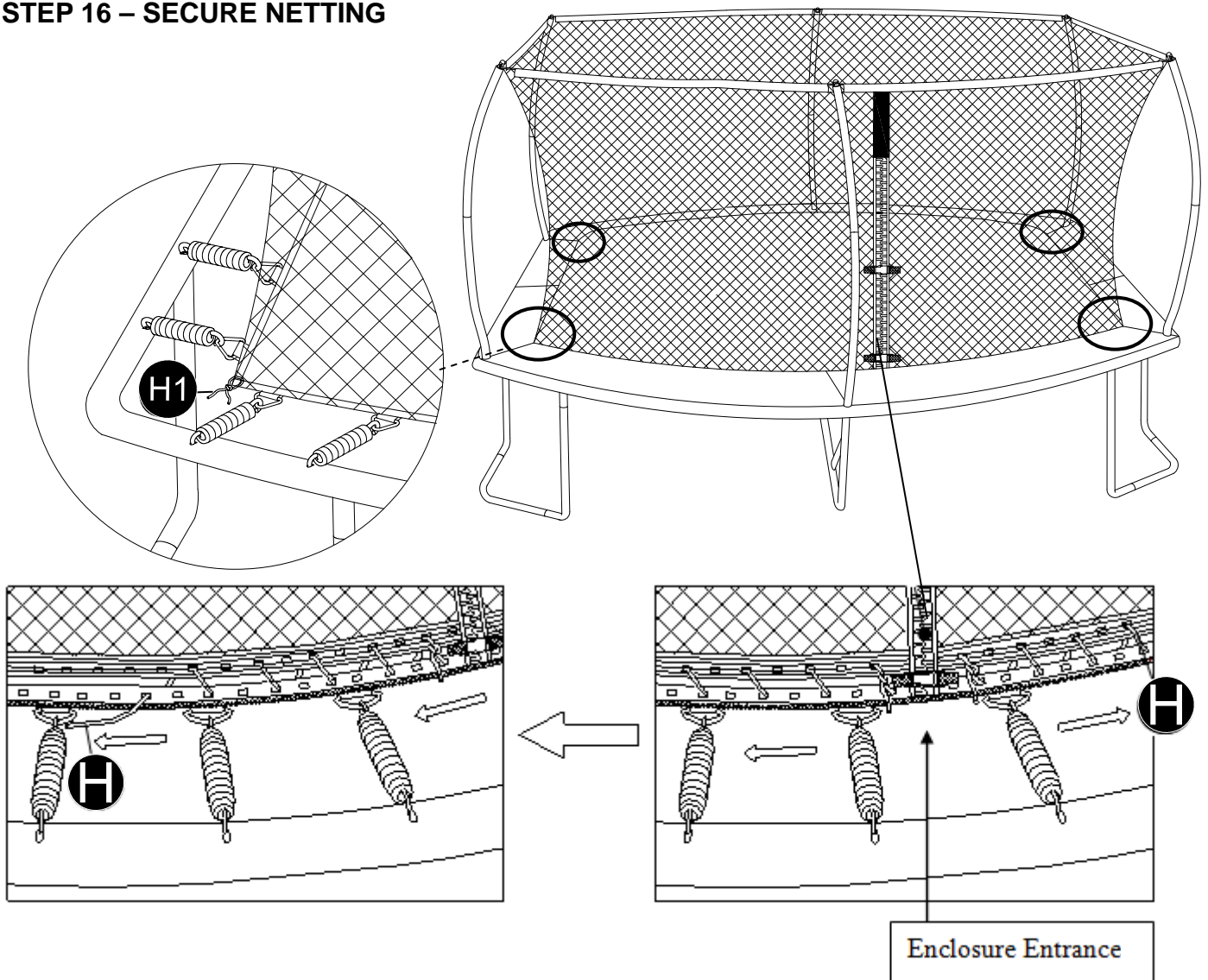


Tip:

It may be easier if two people lift opposite tubes at the same time.

WARNING: THE TRAMPOLINE MUST NOT BE USED WITHOUT THE ENCLOSURE ERECTED.

STEP 16 – SECURE NETTING



Note:

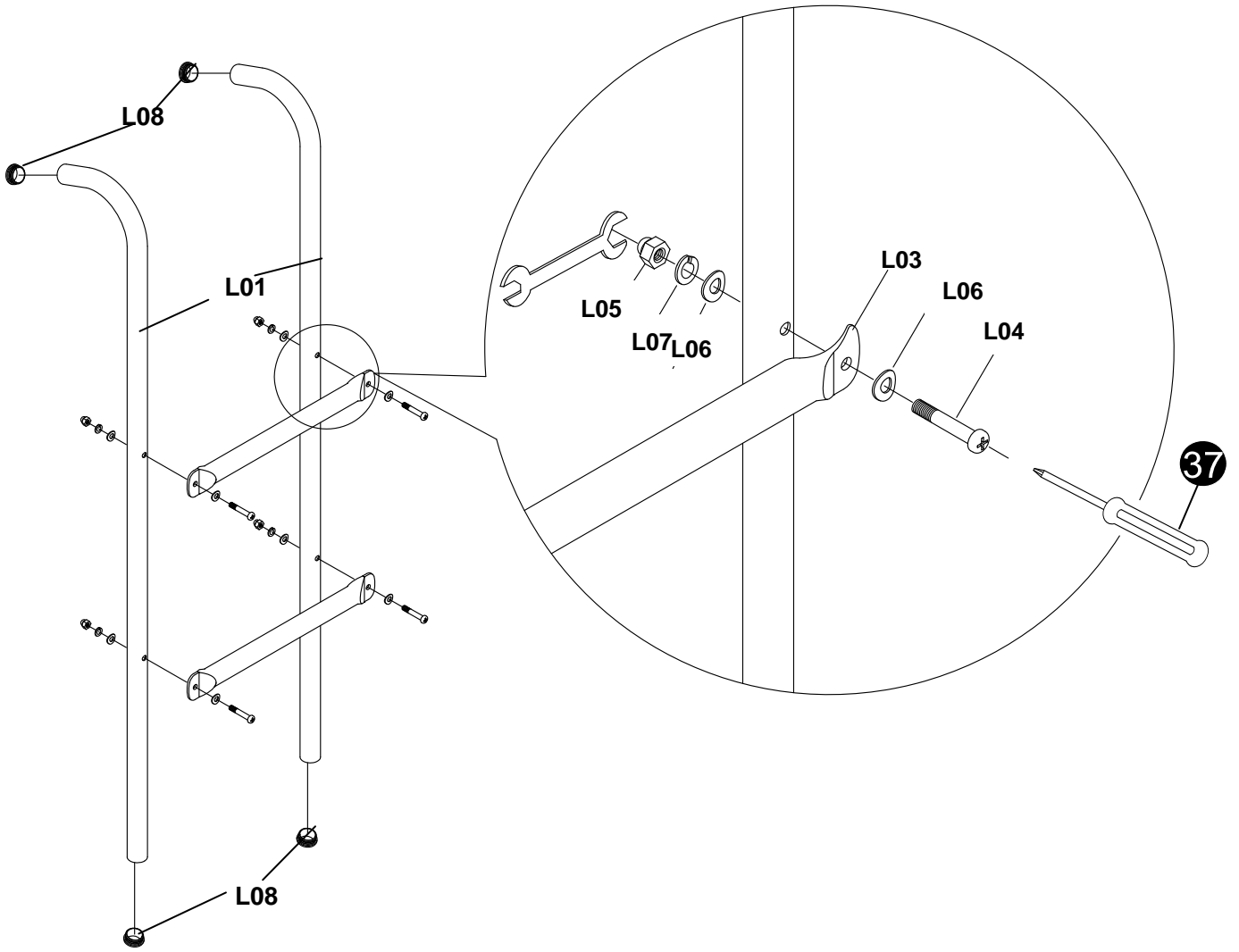
Ensure the zip is closed and hanging completely straight before proceeding. Start by tying a short cord in each corner and fastening each cord to a corresponding hole in the mat. Next, attach a long cord either side of the enclosure entrance in the same fashion. Ensure that the netting is pulled tight on all sides with no looseness or sagging before you continue. Adjust cords as necessary. Once cords are in place and the netting is pulled tight on all sides, you can start threading the cords to attach the netting all the way around the trampoline mat. Thread the cord through each hole in the netting, joining it to the matting as you go as pictured. Tie each cord to the next one as you go.

Please note:

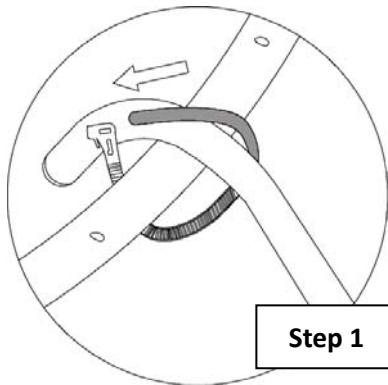
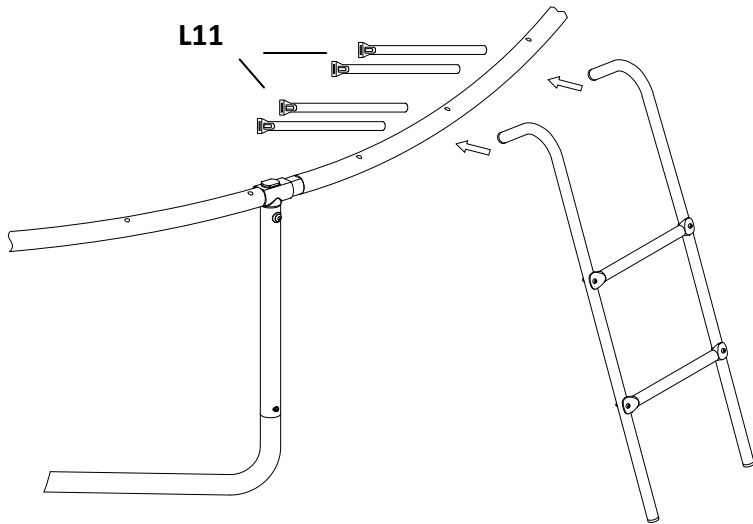
You do not have to use all holes in the mat. You may need to skip holes in order to join the netting to the closest hole on the mat as it is not a one for one match. You will also get some overlap on your cords. This is ok. Tighten padding straps if required.

WARNING: THE TRAMPOLINE MUST NOT BE USED WITHOUT THE ENCLOSURE ERECTED.

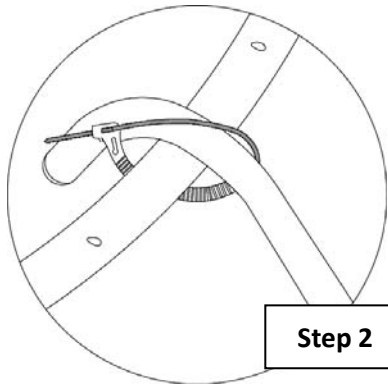
STEP 17 – LADDER ASSEMBLY



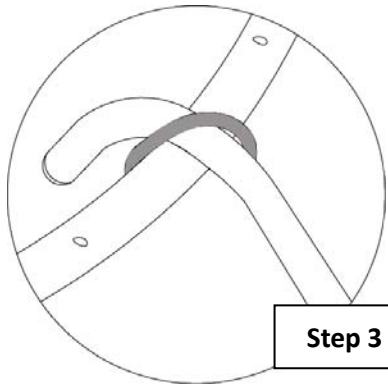
STEP 18 – ATTACH LADDER TO TRAMPOLINE



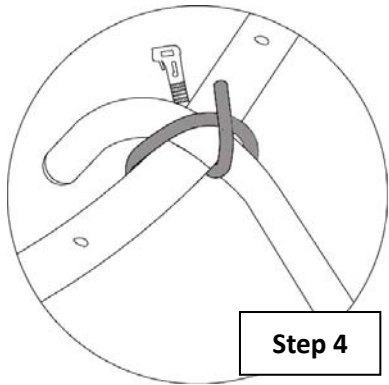
Step 1



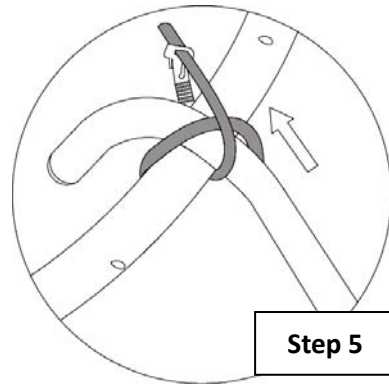
Step 2



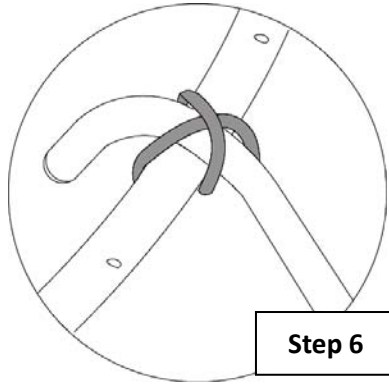
Step 3



Step 4

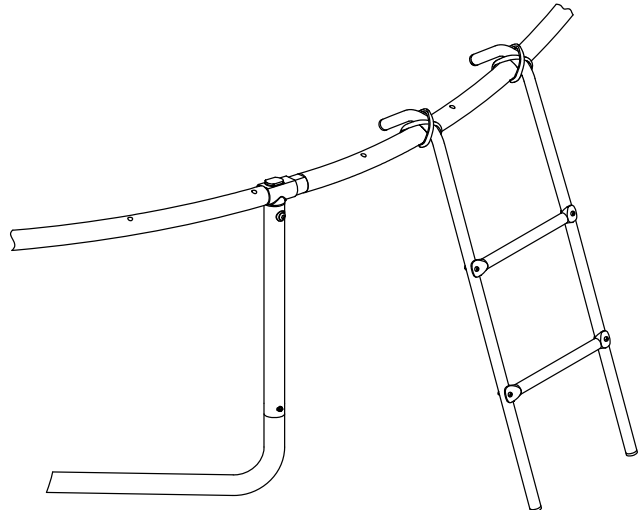


Step 5

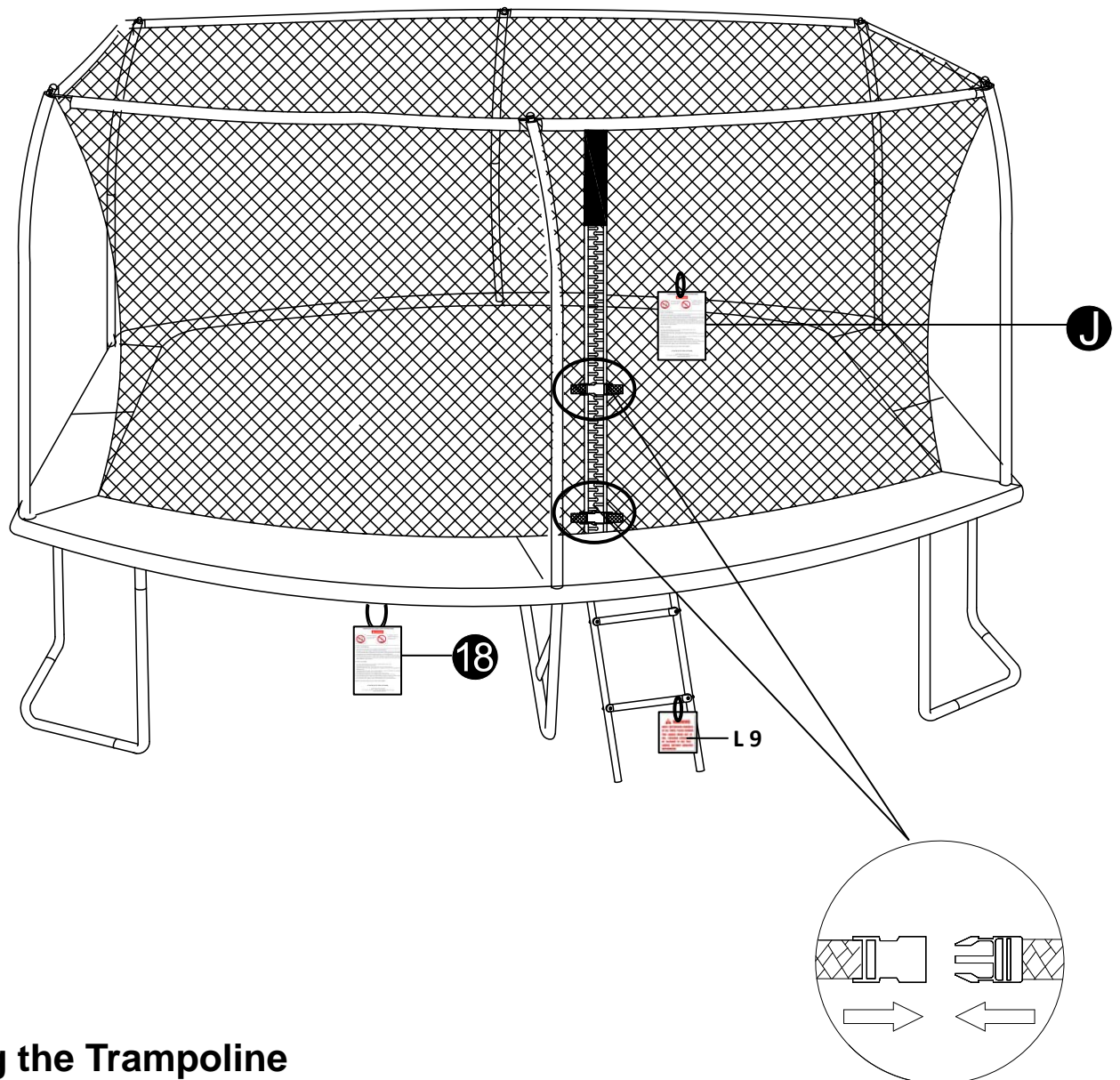


Step 6

Repeat this step to secure both sides of the ladder.



STEP 19 – ATTACH SAFETY PLACARDS



Moving the Trampoline

To move the trampoline we strongly recommend that the trampoline be disassembled and then reassembled in the new location. If however you only require the trampoline to be moved a short distance two people lifting is required. Also, do not pick up the frame more than 2 inches from the ground, raising it too high can cause the frame to warp. If the frame does warp then put the trampoline down and press down on the part that is warped. The tension in the springs will flatten the frame.

On no account should the trampoline be dragged across the ground as this can damage the structure of the trampoline. The trampoline must be kept steady and horizontal during the move. Failure to follow these instructions can result in a leg joint being damaged or coming loose which may cause serious injury or death.

Care and Maintenance



Failure to follow these instructions to ensure proper operational condition of your trampoline may lead to serious injury or death.

Enclosure netting, mattress and padding will be prone to wear. Gradual deterioration of the material will occur; the speed of which will depend on a number of factors including the level of exposure to UV rays, airborne pollution and outdoor weather conditions such as rain and wind.

The net, mattress and padding needs to be properly maintained and checked by following the Maintenance Schedule set out in these instructions. When the material shows any signs of weakness, you must stop using the trampoline immediately, properly store the trampoline and restrict access by users until replacement of the worn component is properly installed.

Official Zero Gravity replacement parts can be purchased from our website:

www.zerogravitytrampolines.com

Maintenance Requirement for Trampoline Frame

Check that legs are in a vertical position, all nuts and bolts are secured, and that all frame securing screws and bolts are in place.

Maintenance Requirement for Trampoline Mattress

Visually check for any material deterioration, tears or burn holes (falling embers from a fire will burn through the mattress) in the mattress. Check the spring connecting V-Rings for any damage to stitching. The mattress must be immediately replaced if any faults are found. Check that mattress is securely fastened to the enclosure netting and that there are no large gaps, tears or weakened cords.

Maintenance Requirement for Trampoline Pad

Walk around the whole perimeter of the trampoline to visually check for any material deterioration, tears, looseness, loss of securing ties or other damage in the pad. The padding must be immediately replaced if any faults are found.

Maintenance Requirement for Enclosure Net

The netting is exposed to outdoor elements including sunlight, wind and rain. The net surrounding the trampoline must be checked prior to each use. This includes, but is not limited to inspecting the net for cracks, excess wear, brittleness, and stretching. In addition you will need to inspect all connections and the entire enclosure for overall integrity. The net must be immediately replaced if it shows any signs of wear, damage, stretching, cracking, looseness, brittleness or other losses in integrity. The following Maintenance Schedule must be followed:

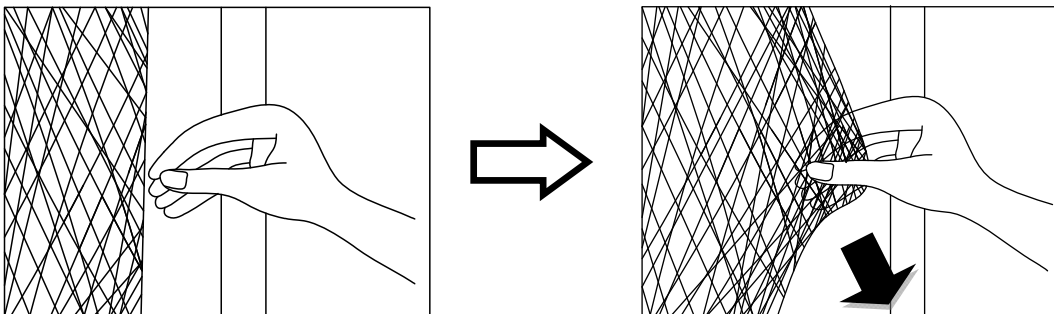
1 to 3 Months	3 to 6 Months	6 to 12 Months
Inspect the enclosure (net, net hanger, and straps) prior to every use.	Thorough inspection for UV damage and prior to every use for net, net hanger and straps.	Thorough inspection before every use on net, net hanger, straps, zippers, ties and cords. Replace after 24 months or earlier if necessary.

IT IS RECOMMENDED THAT THE NET BE REPLACED ON A TWO YEARLY BASIS UNDER NORMAL USE, EVEN IF IT DOES NOT SHOW ANY VISIBLE SIGNS OF DAMAGE.

How to Inspect the Trampoline Net for Structural Integrity

Always check the entire enclosure netting for signs of UV damage, deterioration, brittleness, cracking, and tearing every time before using the trampoline and enclosure.

Step 1 - Inspect the enclosure netting before **EACH** use for wear or tear by pinching and pulling a section of the netting between fingers and pulling downward. Please see diagram below.



If it produces any tear or cracking or ripping sound, then the net is unsafe and **MUST** be taken down immediately. **STOP USING THE TRAMPOLINE ENCLOSURE IF YOU FIND ANY SIGNS OF WEAR OR TEARING ON THE NETTING.**

It is recommended that you replace the trampoline enclosure net and pad every 24 months. Replace the enclosure net and pad earlier if there are any signs of wear, tear, brittleness, cracking, stretching or any other signs of weakness. New enclosure netting and pads can be purchased through Zero Gravity Trampolines customer service or on our website www.ZeroGravityTrampolines.com

Instructions for use



Read and understand the instructions for use in this manual prior to using this product. Failure to do so can result in serious injury or death.

Responsibilities of the user

The key here is to stay in control of your jumps. DO NOT move onto more complicated, more difficult manoeuvres until you have mastered the basic, fundamental bounce. Read, understand, and practice all precautions and warnings prior to using the trampoline. A controlled jump is when you land and take off from the same location. For additional tips and instructions, contact a certified trampoline instructor.

Supervisor's or owner's role in preventing injuries

It is the responsibility of the supervisor(s) of the trampoline users to provide knowledgeable and mature supervision. They need to know and enforce all the rules and warnings set forth in this manual in order to minimize the likelihood of accidents and injuries and to inform users of these rules. During the periods of time when supervision is unavailable or inadequate, the trampoline should be disassembled and stored in a secure place to prevent unauthorized use. The supervisor is also responsible to ensure that the safety placards are placed on the trampoline and that the jumpers are informed of these warnings and instructions.



All jumpers need to be supervised, regardless of skill level or age.

- DO NOT attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis or death, even when landing in the middle of the mat.
- Do not allow more than one person on the trampoline. Use by more than one person at the same time can result in serious injuries.
- Trampolines over 20 inches (51 cm) tall should not be used by children under six (6) years of age.
- Wear clothing free of drawstrings, hooks, loops or anything that could get caught while using the trampoline/enclosure and result in entanglement or strangulation, or both.
- Climb on and off the trampoline. It is a dangerous practice to jump from the trampoline to the floor or ground when dismounting, or to jump onto the trampoline when mounting. Do not use the trampoline as a springboard to other objects.
- Keep enclosure tightly fastened to the trampoline in accordance with the manufacturer's instructions. Failure to properly assemble and maintain a tight, secure trampoline/enclosure boundary may result in serious injury, strangulation or death.
- Completely close the opening of the enclosure before jumping. Close the opening of the enclosure after using the trampoline.

- Do not use the trampoline while under the influence of alcohol or drugs.
- Do not attempt to jump over the enclosure netting.
- Do not intentionally rebound off the enclosure netting.
- ALWAYS use the ladder to exit the trampoline.
- Face the ladder when climbing up onto or down from the trampoline. Do not use the ladder in the same way you would use a set of stairs. Do not slide down the ladder. Incorrect use of the ladder may cause serious injury.



Read and understand the use instructions in this manual prior to using this product. Failure to do so can result in serious injury or death.

WARNING

- Read all instructions before using the trampoline. Warnings and instructions for the care, maintenance and use of this trampoline are included to promote proper and enjoyable use of this equipment.
- Inspect the trampoline before each use. Make sure the frame padding, enclosure and the enclosure support (frame) padding is correctly and securely positioned. Replace any worn, defective or missing parts before using.
- Use trampoline only with mature, knowledgeable supervision.
- Lateral clearance is essential. Place the trampoline away from walls, structures, fences and other play areas.
- Maintain a clear space of 2.5 metres on all sides of the trampoline. For safe use of the trampoline, please be aware of the following when selecting a place for your trampoline.
- Place the trampoline on a level surface before use, illumination may be required for shady areas.
- Secure the trampoline against unauthorised and unsupervised use.
- Remove any obstructions from beneath the trampoline.
- The owner and supervisors of the trampoline are responsible to make all users aware of practices specified in the use instructions.
- Not suitable for children under 3 years. Small parts are a choking hazard and long cords are a strangulation hazard.
- Only one user. Collision hazard
- Adult supervision required.
- No somersaults
- All nuts and bolts must be checked for tightness and if necessary must be retightened.
- If self-locking nuts are used, it should be noted that these are only suitable for one assembly and must therefore be replaced.

- Check all coverings for burrs and sharp edges and replace affected parts if necessary.
- Check for loose cords and gaps. Users may become entangled in or strangled by loose cords or in gaps between trampoline and enclosure.
- Use trampoline only when the surface of the mat is dry. Wind or air movement should be calm to gentle. The trampoline must not be used in gusty or severe winds.
- Keep objects away which could interfere with the jumper. Maintain a clear area under, above, and around the trampoline.
- Do not attempt to crawl under the netting.
- Do not hang from, kick, cut or climb on the netting.
- Do not attach anything to the netting that is not a manufacturer-approved accessory or part of the enclosure system.
- Enter and exit the enclosure only at the enclosure door.
- Learn fundamental bounces and body positions thoroughly before trying more advanced skills. A variety of trampoline activities can be carried out by performing the basic fundamentals in various series and combinations, performing one fundamental after another, with or without feet bounces between them.
- Stop bounce by flexing knees as feet come into contact with the trampoline mat. Learn this skill before attempting others.
- Avoid bouncing too high. Stay low until bounce control and repeated landing in the centre of the trampoline can be accomplished. While keeping the head erect, focus eyes on the trampoline toward the perimeter, this will help control the bounce. Control is more important than height.
- Avoid bouncing when tired. Keep turns short.
- Limit the time of continuous usage. Make regular stops. Do not jump when tired.
- Properly secure the trampoline when not in use. Protect it against unauthorised use. If a trampoline ladder is used, the supervisor should remove it from the trampoline when leaving the area to prevent unsupervised access by children under six (6) years of age.
- For information concerning skill training, contact a certified trampoline instructor.
- For additional information concerning the trampoline equipment, contact the manufacturer.
- The trampoline shall be assembled by adults in accordance with the assembly instructions and thereafter checked before the first use.
- Empty pockets and hands before jumping.
- Do not exit by a jump.

Fundamental trampoline skills

The following lessons are suggested in order to learn basic steps and bounces before moving onto more difficult, complicated bounces. Before actually getting on and using the trampoline, you should read and understand all safety instructions. A complete discussion and demonstration of body mechanics and trampoline guidelines should occur between the supervisor and student as well.

Lesson 1

- A. Mounting and Dismounting-Demonstration of proper techniques
- B. The Basic Bounce-Demonstration and practice
- C. Braking (Check the Bounce-Demonstration) and practice. Learn to brake on command
- D. Hands and knees-Demonstration and practice. Stress should be on four-point landing and alignment

Lesson 2

- A. Review and practice of techniques learned in Lesson 1
- B. Knees Bounce-Demonstration and practice. Learn the basic down to knee and back up before trying half twist to left and right
- C. Seat Bounce-Demonstration and practice. Learn basic seat bounce then add a knee bounce, hands and knees; repeat

Lesson 3

- A. Review and practice skills and techniques learned in previous lessons
- B. Front Drop-To avoid mat burns and teach the front bounce position, all students should be requested to assume the prone position (face down on the ground) while the instructor checks for faulty positions that could cause injury
- C. Start with a hands and knees bounce and then extend body into prone position, and on the mat and return to feet
- D. Practice Routine-Hands and knees Bounce, Front Bounce, back to feet, seat bounce, back to feet, seat bounce, back to feet

After completing this lesson, the student now has a basic foundation of trampoline bounces. Jumpers should be encouraged to try and develop their own routines with the emphasis on control and form.

A certified trampoline instructor should be contacted to further develop your trampoline skills.

BASIC TRAMPOLINE BOUNCES

THE BASIC BOUNCE



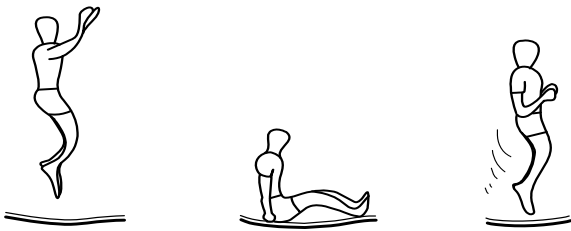
1. Start from standing position, feet are shoulder width apart with head up and eyes on mat
2. Swing arms forward and up and around in a circular motion
3. Bring feet together while in mid-air and point toes downward
4. Keep feet shoulder width apart when landing on mat

KNEE BOUNCE



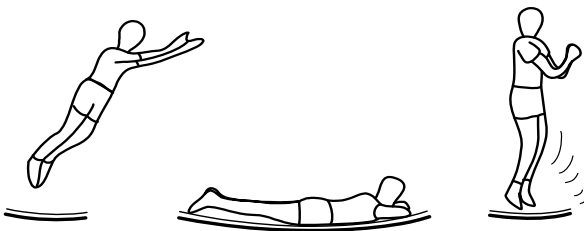
1. Start with basic bounce and keep it low
2. Land on knees keeping back straight, body erect and use your arms to maintain balance
3. Bounce back to basic bounce position by swinging arms up

SEAT BOUNCE



1. Land in a flat sitting position
2. Place hands on mat besides hips, do not lock your elbow
3. Return to erect position by pushing with hands.

FRONT BOUNCE



1. Start with a low bounce
2. Land in prone (face down) position and keep hands and arms extended forward on mat
3. Push off the mat with arms to return to standing position

Product Warranty

Zero Gravity Trampolines warrants its products to be free from defects in material and workmanship under normal use and service conditions for three hundred and sixty five (365) days after the date of purchase.

All warranty coverage extends only to the original purchaser of the product and is not assignable or transferable. The original store or online purchase receipt must be kept as proof of purchase in order for the warranty to be valid. These documents must be presented in the event of making a warranty claim.

During the warranty period, Zero Gravity Trampolines will provide repair or replacement of defective equipment or parts thereof covered by the warranty. Any handling, transportation, delivery and other incidental charges in respect of the servicing of the equipment shall be borne by the Purchaser. If the product includes a number of accessories, only the defective part or accessory will be replaced.

The warranty will become void if any defects or damages are associated with the use of unauthorised replacement parts. All replacement parts must be obtained from authorized Zero Gravity Trampoline agents.

All decisions made by Zero Gravity Trampolines made in respect of the servicing of the equipment (including repairs, replacements or issues relating to defects of workmanship or materials) shall be conclusive and the Purchaser agrees to be bound by such decisions. Any defective equipment or part thereof replaced shall become the property of Zero Gravity Trampolines.

In the event of a product or accessory being replaced during the guarantee, the guarantee on the replacement will expire at the original date, i.e. 365 days from the original purchase date.

This warranty excludes defects caused by the product not being used in accordance with instructions, accidental damage, misuse or being tampered with by unauthorised persons.

The Zero Gravity Trampolines Warranty does not cover:

- a) Products used for commercial or rental purposes.
- b) Loss or damage to product due to:
 - i. Abuse, repairs and/or tampering by any person other than the authorised personnel of Zero Gravity Trampolines
 - ii. Negligence and/or misuse (including foreign objects, accidents, improper storage, exposure to sun/moisture, excessive temperature, sand, dust, dirt, other pollution or other environmental conditions and failure to follow precautions or proper operating instructions stated in the User's Manual such as improper installations)
 - iii. Fire, flood, lightning strike, wind storm or other acts of God
 - iv. Freight or improper transport damages, and
 - v. Improper usage (including use by underage, overweight or excessive number of users permitted as stated in the User's Manual).
- c) Defects, damages or accidents due to the malfunction, connection to or use of non-Zero Gravity Trampolines or unauthorized parts. In such event, Zero Gravity Trampolines reserves the right to cancel the Limited Warranty coverage immediately.

To the extent allowed by the applicable local law, the remedies in the Limited Warranty are the Purchaser's sole and exclusive remedies.

ZERO GRAVITY TRAMPOLINES ARE NOT RESPONSIBLE OR LIABLE FOR INDIRECT, SPECIAL OR CONSEQUENTIAL DAMAGES ARISING OUT OF OR IN CONNECTION WITH THE USE OR PERFORMANCE OF THE PRODUCT OR OTHER DAMAGES WITH RESPECT TO ANY ECONOMIC LOSS, LOSS OF PROPERTY, LOSS OF REVENUE OR PROFITS, LOSS OF ENJOYMENT OR USE, COST OF REMOVAL, INSTALLATION OR OTHER CONSEQUENTIAL DAMAGES.

THE WARRANTY EXTENDED HEREUNDER IS IN LIEU OF ALL OTHER WARRANTIES AND ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE IS LIMITED IN ITS SCOPE AND DURATION TO THE TERMS SET FORTH HEREIN. THIS WARRANTY IS VALID ONLY IN THE UNITED KINGDOM.

PLEASE NOTE: ANY REPAIRS OR REPLACEMENTS MUST BE MADE USING AUTHORIZED ZERO GRAVITY TRAMPOLINE PARTS IN ORDER FOR THIS WARRANTY TO BE VALID.

DO NOT RETURN PRODUCT TO THE STORE. PLEASE CONTACT OUR CUSTOMER SERVICE FOR PARTS OR ASSEMBLY INSTRUCTIONS. STORES ARE NOT EQUIPPED TO PROVIDE CUSTOMER SERVICE FOR THIS PRODUCT.

For Customer Service, please call 01264 771247

or visit

www.ZeroGravityTrampolines.com

Monday - Friday 9:00AM - 4:00PM